IVANHOE HARRIERS ATHLETIC CLUB INC.

ESTABLISHED 1914



Annual Report 2010/2011

IVANHOE HARRIERS ATHLETIC CLUB INC.

No.0016530V

Established 1914

Affiliated with Athletics Victoria

Season 2010/2011

COMMITTEE

Executive

President: Peter Rule
Vice President: James Lynch
Treasurer: Stephen Pegg
Secretary: Peter Seccombe

<u>General</u>

David Burke Brett Heather Annette Welsh

LIFE MEMBERS

Peter Bethell, Dr. John Boas, George Bolwell (dec), Noel Burrows, Chris Cole, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessey, Brian Hodgson, Gary Holliday, Gary Honey, Chris Lang, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule, Wendy Russell, Ron Stephens (dec), John Wallis, Alf Watson (dec)

ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson, Bill Pizzey (dec)

Contents

Minutes of Previous AGM	2
President's Report	4
Treasurer's Report	6
Cross Country Report	8
AV Shield Report	10
Championships Results	

Minutes of Previous AGM

Ivanhoe Harriers Athletics Club

Minutes of the Annual Meeting held at Willinda Park 21st May, 2010

Meeting commended at 8.25pm

Present: 33 Members and Family including 2009/2010 Committee Members:

Peter Rule, John Wallis, David Burke, James Lynch, Stephen Pegg,

Gary Pegg, Annette Welch, Peter Seccombe

Apologies: Jill Wallis, Chris Cole, Peter Bethell, Phil Ramsay, Rob Craigie

John David, Tom Hancock, Josh Philip

President's Welcome

Peter Rule welcomed everyone to the meeting and thanked the Committee for their work throughout the last twelve month. .Special thanks were extended to Lyndall Green who organized the very successful Comedy Night. Peter also

thanked those responsible for tonight's meeting.

Minutes of Previous Meeting

Were taken as read.

Business Arising: Nil

Moved P.Rogers, Seconded J.Boas that the Minutes of the Previous Meeting

be accepted.

President's Report: Peter Rule spoke at length to his report published in the Annual Report.

Treasurer's Report: John Wallis spoke to his report highlighting the fact the Bingo Permit

has been terminated and therefore there will be no further income from

this source.

The Loan to the Banyule City Council has been paid out in full.

Annual Report was tabled and given out to all members present.

Election of Office Bearers:

The following office bearers were elected unopposed:

President: Peter Rule
Vice President: James Lynch
Secretary: Peter Seccombe
Treasurer: Stephen Pegg

Committee: Annette Welch, David Burke, Brett Heather.

General Business: Nil

Life Membership: The President nominated Chris Lang for Life Membership of the Club.

This was passed unanimously.

Peter spoke at length about the contribution Chris had made to the Club both as an athlete and an office bearer over thirty years and

presented him with a Certificate of Life Membership.

Chris responded accordingly mentioning also that he was very pleased that his parents were present for the presentation – particularly as his

father had also been a member of the Ivanhoe Harriers.

All Life Members present then extended their congratulations to Chris.

Meeting closed at 9.15pm and was followed by the Presentation of Trophies for the previous season.

President's Report

The 2010/2011 year has been a difficult and challenging time for our club. There have been some encouraging signs, but also some disappointments.

We had 8 new members this year. However, most of these have been people who have responded to our initiative to promote the greater use of the weights room, who did not compete for the club at Shield competition.

In fact, our numbers at Shield were very low. Because of injury and other reasons, some of our better athletes were unable to compete, or only competed sparingly. This is an area that the committee has been working on, but needs to be more effective in the future.

Despite this, our stalwarts who did compete, a number of them in many events each week, enabled us to finish third in Division 3, just missing the opportunity to compete in the Association Final.

The women had even less numbers then the men, and as a team, were not competitive. Those who did compete performed admirably, and at a high level.

Because of the changes made by Athletics Victoria to Shield competition, and the other events included in the season's programme, fewer and fewer of the top athletes compete at Shield. This is regrettable, because it lessens the team aspect but it seems inevitable. I believe the role of our club is to provide the facilities, coaching and support for all our athletes, whether or not they compete regularly, or at all at Shield.

Even though our overall membership was small, six of our athletes qualified for, and competed at the Australian Junior Championships in Sydney, and one in the Australian Open Championships. Their performances, including the gold, silver and bronze medals they won, are recorded elsewhere. This was a remarkable achievement for our club, which would be the envy of many larger clubs. They all represented the club with distinction and their attitude could not be faulted.

One of the responsibilities of clubs is the provision of helpers to act as officials at Shield competition. It can be an onerous task, especially with the numbers we had at Shield, and I would like to thank especially Trisha and Ian Rogers, Phil Ramsay, Lyndall Green and the others who stepped in to help when asked. Your assistance was much appreciated.

The cross-country team continued to compete, thanks to the regular enthusiasts, and to the Team manager, John David. Without John's continued input, it would be very difficult for the team to continue.

Our finances during the year held up well.

Last year, we successfully negotiated a reduction in our contribution to the Willinda Club, for the use of the track and the weight room, which is our greatest single expense.

This year, Diamond Valley Little Aths and seniors sought to return us to our previous level of contribution, which would have been unsustainable for us. At a particularly acrimonious meeting, they were persuaded to make our current contribution permanent (unless fees for all clubs have to be increased). This was a very good outcome, but unfortunately left our relationship with the other clubs seriously impaired.

We also conducted a trivia night, operated very professionally at no cost to us by National Geographic Television. We had nearly 100 in attendance, and raised almost \$2000. This increased the awareness of the club, as well as being a very enjoyable night. A number of people worked very hard to make it a success, especially Brett Heather, James Lynch, Annette Welch and Peter Seccombe. I would like to also thank the members who sold the tickets, some even arranging multiple tables. Without their efforts, the night would not have been successful.

I would like to also thank Gabrielle Welch and Caitlin Smith who very persuasively sold raffle tickets and drinks on the night.

Our coaching this year was, as always, led by John Boas. As well as taking whatever coaching roles would help the members, he was available to share his vast experience with others whenever he was asked. Because of the government grant obtained last year, we had three members obtain coaching qualifications, lan Rogers, James Lynch and David Burke. Ian has already put his qualification to use, coaching some sprinters. Together with the other coaches in the club, we can now offer coaching in almost all events.

We have been very fortunate this year to have a very hard-working committee. James Lynch as vice-president was a great help with his quiet efficiency and support. Peter Seccombe took on the role of secretary and his ideas and suggestions were always appreciated. Stephen Pegg was treasurer but found that his university studies prevented him from taking as large a role as he would have wished. We thank him for the work that he did. Thanks to John Wallis for helping Stephen with the books during the year, and preparing the end of year Financial Report.

Brett Heather was on the committee and contributed greatly. He also was our representative on the Willinda Club committee, and ensured that our club's interests were protected. David Burke used his IT skills to look after our web site, and represented the club on the East Region Committee. Annette Welch used her organisational ability to assist the club in many ways, as well as bringing a helpful female perspective to our deliberations.

Thanks to all the executive and committee members. They enabled the meetings to be enjoyable and productive, and freely gave of their time outside of the meetings to get things done, for the benefit of the members of our club.

On balance, I believe that the club came through the year as well as could be expected, and better in some areas than anticipated. But because of the present numbers, the future of the club is still in the balance. However, I am confident that if members want the club to continue, and are prepared to contribute to achieve this, we will all be able to look forward to the future with confidence.

Peter Rule

Treasurer's Report

IVANHOE HARRIERS ATHLETIC CLUB INC STATEMENT OF RECEIPTS & PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 2011

	2011	2010
Opening Balance		
- General Brought Forward	\$ 3,237.00	\$ 1,453.00
- ING Account Brought Forward	\$ 8,866.00	\$ 10,482.00
	\$ 12,103.00	\$ 11,935.00
Plus Receipts		
Competition		
A.V Registrations (Contra)		\$ 650.00
Club Fees	\$ 1,620.00	\$ 1,450.00
Uniforms	\$ 70.00	\$ 60.00
Refund AV Fees		\$ 105.00
Fundraising/Social		
Trivia Night	\$ 1,980.00	
Sale T/Shirts	\$ 250.00	
Donation	\$ 300.00	\$ 55.00
Comedy Night		\$ 3,760.00
Other		
Bingo Permit Dividends		\$ 3,612.00
ING Account Interest	\$ 445.00	\$ 384.00
Refund Bank Fees		\$ 60.00
Grant for Uniforms		\$ 1,000.00
Grant for Coaching		\$ 1,200.00
Total Receipts	\$ 4,665.00	\$ 12,336.00

Less Payments

		2011		2010
Competition				
A.V. Registrations (Contra)			\$	650.00
Cross Country Entry	\$	255.00	\$	385.00
A.V. Affiliation	\$	400.00	\$	400.00
Coaching & Officials Fees	\$	260.00	\$	200.00
Coaching Fees - AV	\$	540.00		
Finance				
Loan Repayments Banyule Council			\$	4,833.00
General				
Annual Return	\$	41.00	\$	40.00
Trophies	\$	204.00	\$	340.00
Bank Charges	\$	50.00	\$	120.00
Purchase T/Shirts	\$	996.00		
Fund Raising/Social				
AGM Expenses	\$	171.00	\$	77.00
Comedy Night			\$	2,705.00
Miscellaneous				
Willinda Park Rent	\$	1,960.00	\$	2,368.00
Flowers, Cards, Fruit, etc.			\$	50.00
Total Payments	\$	4,877.00	\$	12,168.00
CL LE 1 (21 (M. 1 2011				
Club Funds as at 31st March, 2011	φ.	2.501.00	ф	2 227 00
General Account	\$	2,581.00	\$	3,237.00
ING Account	\$	9,310.00	\$	8,866.00
	\$	11,891.00	\$	12,103.00

NOTES;

- 1 Hold Uniform Stock \$200
- 2. Willinda Park Rent for February & March 2011 amounting to \$392.00 was still unpaid at 31/3/2011. This was paid on 12/5/11

Hon.Treasurer 12/05/2011

Cross Country Report

A very successful season for our Division 5 team - finishing 6^{th} out of 17 teams especially compared to 2009 where we finished 12^{th} out of 19 teams. This was even in spite of not having full teams for rounds 7^{th} , 8^{th} & 9.

We only had one team competing during the season with the runners involved being: James Lynch, Andrew Jewell, Chris David, John David, Katrina Philip, Joshi Philip, David Burke and Rob Weller. It was great having Andrew Jewell back in the team after not competing in 2009. His times definitely assisted our improvement on the ladder.

James and Katrina continued to improve their performance and Chris David proved to be a very valuable runner for us for the longer distances.

Details of the individual results were:

Rnd 1) 1/5/10-Jells Park Relays (4x6km)

-James Lynch: 21.03 -Andrew Jewell: 25.50 -Katrina Philip: 27.04 -Chris David: 29.49

Rnd 2) 8/5/10-Lardner Park (8km)

-Andrew Jewell: 37.57 -Chris David: 44.20 -John David: 46.08 -David Burke: 52.45

Rnd 3) 29/5/10-Sandown Road Race (10km)

-James Lynch: 36.29 -Andrew Jewell: 44.58 -Katrina Philip: 46.38 -John David: 52.47

Rnd 4) 19/6/10-Lake Wendouree (15km)

-James Lynch: 56.51 -Andrew Jewell: 1.06.37 -Chris David: 1.19.23 -John David: 1.19.29

Rnd 5) 10/7/10-Coliban Ekiden Relays.

-Katrina Philip: 28.12 (5.5km)
-Chris David: 32.49 (6km)
-James Lynch: 31.36 (8.4km)
-John David: 42.11 (7.9km)
-David Burke: 28.11 (5.1km)

Rnd 6) 17/7/10-Bundoora Park (12km).

-James Lynch: 45.28 -Andrew Jewell: 54.22 -Katrina Philip: 1.00.04 -John David: 1.05.03

Rnd 7) 31/7/10-Brimbank Park (16km)

-James Lynch: 1.06.33 (no full team)

Rnd 8) 28/8/10 -Sandown Road Relays (4X6.2km)

(no athletes competed)

Rnd 9) 5/9/10-Burnley Half Marathon (21.1km)

-John David: 1.57.34 (no full team)

Rnd 10) 18/9/10-Tan Relays (4x3.8km)

-James Lynch: 13.19 -Joshi Philip: 14.47 -Rob Weller: 14.50 -Katrina Philip: 18.10

The final ladder for our division for the 2010 CC season was:

/len	Division 5											
	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	South Coast Athletics	15	18	18	15	16	18	18	18	18	13	167
2	South Melbourne 2	11	14	13	13	15	13	15	13	13	12	132
3	Frankston 2	18		14	16	18		16	16	15	18	131
4	Traralgon Harriers 2	8	16	16	14	10	12		11		9	96
5	Melbourne University 3	14		15		14			14	16	16	89
6	Ivanhoe Harriers	10	13	11	12	9	15				10	80
7	Diamond Valley 2	13	15			13	14		10		11	76
8	Collingwood Harriers 5	9		10		11	11		12	14	8	75
9	Eureka 2	16			18		16		15			65
10	Coburg Harriers 3	7		9					9		6	31
11	APS United 3			12							15	27
12	Western Athletics 3	6				12						18
13	Doncaster 2										14	14
14	Ringwood 2	12										12
15	Malvern Harriers 3										7	7
16	Ballarat Harriers 2											0
16	Williamstown											0

The results for the Ivanhoe Harriers Cross Country trophy score for 2010 were: J Lynch:35, J David:22, A Jewell:21, K Philip:17, C David:15, D Burke:8, J Philip:4, and R Weller:3. Congratulations to James for being awarded the IH Statewide Trophy winner for 2010.

Thanks to all of our athletes who competed this season and also to everyone who helped as volunteers in order for us to fulfill our club duties.

I wish Ivanhoe Harriers all the best for the 2011 Winter Season and let's try our hardest to complete every round as well as having as fun as possible along the way.

John David (Ivanhoe Harriers Winter Team Manager).

AV Shield Report

The past summer was unusually wet, it seemed especially on Saturdays with several rounds of competition being cancelled or postponed. Round 2 was cancelled before it began, round 5 was cancelled half way through, and rounds 4 and 7 were completed on 7th December after being abandoned on their scheduled days.

The Men's Division 3 team started off the season well managing to hold on to 2nd place until round 9 but finished a creditable 3rd on the ladder given the small number of athletes.

The Women's Division 2 team had Alana and Madi vaulting well in the Pole Vault and Christine jumping consistently in the Long Jump.

Lewis and Tim as well as regularly competing in the Under 18 Pole Vault branched out to do some other events including a 4x100m Relay.

In the Under 14 age group Simon was throwing further with each event he did over the course of the season. Ben, no doubt inspired by his sister, did well in the Pole Vault.

Division	Name	Rounds	Events	100m	200m	400m	800m	1500m	3000m	5000m	110m Hurdles	400m Hurdles
FOP2	Alana Green	5.5	8	13.20								
MU14	Benjamin Green	1	1									
FOP2	Christine Rogers	5	6	12.9h	28.20							
МОР3	David Burke	11.5	71	13.03	26.0h	59.18			15:21.5h		20.78	71.61
МОР3	Glen Nicholson	3	3									
MOP3	Ian Rogers	4	5		27.15							
MOP3	James Lynch	11.5	67	14.23	28.13	62.62	2:19.5h	4:44.1h	10:10.5h	17:27.3h		
MOP3	John David	5	12			78.35	2:57.3h		14:17.9h	25:39.1h		
MU18	Lewis Seccombe	3.5	5									
FOP2	Madeleine Heather	2.5	4	14.53								
МОР3	Philip Ramsay	6	6	16.7h	35.30							
MOP3	Robert Weller	10	15	12.09		54.42	2:06.7h	4:41.3h				
MU14	Simon Rogers	8	11									
MU18	Timothy Welch	5.5	7									
МОР3	Tom Hancock	6.5	13									

Name	Long	Triple	Pole	Javelin	Discus	4x100m	4x400m	High	Hammer	Shot
	Jump	Jump	Vault			Relay	Relay	Jump	Throw	Put
Alana Green	5.38	10.19	3.30							
Benjamin Green			2.10							
Christine Rogers	5.09									
David Burke	5.12	10.09		29.84	20.77	51.81	4:22.6h	1.75	13.94	7.57
Glen Nicholson	6.81									
Ian Rogers	5.23									
James Lynch	3.75	8.30		21.54	20.57	51.81	4:22.6h	1.36	12.84	7.30
John David	3.42	10.09		16.60		53.71	4:22.6h			
Lewis Seccombe		10.70	3.65			51.81				
Madeleine Heather	5.22		3.35							
Philip Ramsay										
Robert Weller						53.71	4:22.6h			
Simon Rogers				11.40	14.07				8.35	6.38
Timothy Welch		16.19	3.80	10.78		51.81				
Tom Hancock				27.21	25.49			1.20	28.05	8.75

Championships Results

VICTORIAN YOUTH CHAMPIONSHIPS

Women's Under 20 Pole Vaul	Women'	's Under	20 Pole	Vault
----------------------------	--------	----------	---------	-------

4th	Alana Green	3.45m
5th	Madi Heather	3.30m

Women's Under 20 Long Jump

4th	Alana Green	5.31m
6th	Christine Rogers	4.93m

Men's Under 20 Pole Vault

2nd	Tim Welch	4.10m
3rd	Lewis Seccombe	4.00m

Men's Under 15 Pole Vault

1st James Alavuk 3.20m

Men's Under 14 Pole Vault

1st Ben Green 2.30m

VICTORIAN OPEN CHAMPIONSHIPS

Women's Pole Vault

=3rd	Madi Heather	3.50m
8th	Alana Green	3.30m

AUSTRALIAN JUNIOR CHAMPIONSHIPS

Women's Under 20 Pole Vault

3rd	Madi Heather	3.55m
4th	Alana Green	3.40m

Men's Under 20 Pole Vault

7th	Tim Welch	3.90m
8th	Lewis Seccombe	3.70m

Men's Under 15 Pole Vault

3.20m
3.20

Men's Under 14 Pole Vault

1st Ben Green 2.40m

AUSTRALIAN OPEN CHAMPIONSHIPS

Women's Pole Vault

6th Madi Heather 3.50m