

IVANHOE HARRIERS ATHLETIC CLUB INC.

ESTABLISHED 1914



Annual Report 2011/2012

IVANHOE HARRIERS ATHLETIC CLUB INC.

No.0016530V

Established 1914

Affiliated with Athletics Victoria

Season 2011/2012

COMMITTEE

Executive

President:	Peter Rule
Vice President:	James Lynch
Vice President:	Aylean O'Connor
Treasurer:	Brett Heather
Secretary:	Patricia Rogers

General

Gilda Alavuk	Glen Nicholson
David Burke	Annette Welsh
Alana Green	

LIFE MEMBERS

Peter Bethell, Dr. John Boas, George Bolwell (dec), Noel Burrows, Chris Cole, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessey, Brian Hodgson, Gary Holliday, Gary Honey, Chris Lang, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule, Wendy Russell, Ron Stephens (dec), John Wallis, Alf Watson (dec)

ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson, Bill Pizzey (dec)

Contents

Minutes of Previous AGM	1
President's Report.....	3
Treasurer's Report	7
Cross Country Report.....	9
AV Shield Report	11

Minutes of Previous AGM

IVANHOE HARRIERS ATHLETIC CLUB INC.

Minutes of the Annual General Meeting
Held at Willinda Park
Friday 27 May 2011,
Meeting commenced 7.45pm.

PRESENT: 22 members and Family including 2010/2011 Committee Members: Peter Rule (President), David Burke, James Lynch (Vice President), Peter Seccombe, Annette Welch.

1. APOLOGIES

Noel Burrows, Chris Cole, Chris Davey, Brett Heather, Madi Heather.

2. PRESIDENT'S WELCOME

Peter Rule welcomed everyone to the meeting and thanked the Committee for their work throughout the year. Special thanks to David Burke for preparing the Annual Report and to John David for arranging the printing of it.

2. MINUTES OF PREVIOUS MEETING

2010 Minutes were taken as read and moved and seconded as being a correct account of the meeting.

Moved by Trish Rogers.

Seconded by Annette Welch.

3. BUSINESS ARISING FROM PREVIOUS MEETING

Nil.

4. PRESIDENT'S REPORT

Peter Rule spoke to his report published in the Annual Report.

There was a comment from the floor by John David. John suggested that the committee improve communication within the Club by generating electronic news. Peter Rule responded that the Committee had a limited capacity to write continuous news updates and was presently also hampered by incomplete member data.

5. TREASURER'S REPORT

Peter Rule spoke to the Treasurer's Report on behalf of the Treasurer Stephen Pegg.

Stephen's university studies have precluded Stephen from attending Committee Meetings.

Peter Rule highlighted the fundraising success of the Trivia Night and the necessity of the Club to conduct such fundraising events on a more regular basis. Peter also congratulated Club members on the achievement of almost maintaining the Club funds at the level of the last financial year. One factor in maintaining the Club funds was a permanent agreement with the Willinda Park Committee about the reduced Willinda Park Rent.

Treasurer's Report:
Moved by Peter Rule.
Seconded by Alana Green.
Voted on and unanimously accepted.

The Annual Report was tabled and distributed to all members present.

6. ELECTION OF OFFICE BEARERS

The following office bearers were elected unopposed:

- President: Peter Rule
- Co Vice-Presidents: James Lynch and Aylean O'Connor
- Secretary: Vacant
- Treasurer: Brett Heather
- Committee: David Burke, Alana Green, Glen Nicholson, Annette Welch.

7. GENERAL BUSINESS

Nil.

Meeting closed at 8.10pm and was followed by the presentation of trophies for the 2010-11 season.

President's Report

The major issue for the club this year was membership numbers. They have been declining for many years, and despite efforts by the Committee, the decline has continued.

In November, Athletics Victoria advised us that unless we increased the number of our members registered with them, they would consider denying us affiliation, which would, of course mean that we would have to disband, as we would not be able to provide competition for our members.

We had a special committee meeting to consider this, and all options were explored. The committee decided that they wished the club to continue, as a separate club, without taking any additional steps to increase membership. The committee were happy with the way the club was set up, with us being a “niche” club.

In February, we were given formal notification by AV that they required a detailed strategic plan, and that on receipt of this, they would determine if we could continue. It was a difficult time with this threat hanging over our heads.

The plan was prepared and finally, on 16th April, AV decided that they would allow us to affiliate for this year, with a review to take place at the end of the year.

Ironically, the time and effort needed to prepare the plan meant that other matters, including recruiting, had to take a back seat.

Nevertheless, we developed a program to try to recruit new members from LaTrobe and RMIT universities, particularly for cross-country. We hope that this can bear fruit.

Also, we had discussions with Rosanna Little Athletics Club, and we will try to work in closely with them in the future, such as operating coaching clinics for their athletes. We have been told that a number of their older members will join us for the next track season.

Recruiting will have to be a priority for the new committee. Unfortunately, because of the attitude of AV, it seems that it is no longer an option for us to continue along the path we have been travelling.

With low numbers competing at Shield competition, it was difficult for our teams to be competitive. Nevertheless, our men's open team finished third in Division 3, just one place away from qualifying for the Association Final. As I said last year, the way that Shield is set up now makes it challenging to have the team aspect prominent. Even so, providing competition has to be our role, whether this impacts on the team performance or not. AV competition has moved on from where the prime object of clubs was to fill spots in each event to maximise points. This does not fit in with the athlete's priorities now.

We filled our requirement to provide officials each week at Shield, which is a great achievement. Some clubs much larger than ours did not always do so. I would like to thank all those who gave up

their time to help. They were ably led by Ian and Trisha Rogers who could be seen officiating for most of the program. Others, too numerous to mention here, filled in when they were needed. Our registered official, Jill Wallis, not only assisted with the photo finish at Shield, but was appointed to officiate at State Championships and both Junior and Open Nationals. The assistance of all of them is much appreciated.

We had great success with our athletes at championships, particularly given our numbers. Many members competed with distinction at various state championships. At the Australian Junior Championships in Sydney, Ben Green won a gold medal, Madi Heather picked up a bronze medal (in a huge PB) and Tim Welch was the fifth Australian in his event. We also had three members who qualified for and competed in the Australian Open Championships last month, Glen Nicholson, Alana Green and Madi Heather. This was our largest representation for a number of years.

Our Cross-Country team continued to perform with distinction. It is a tribute to team manager, John David, that we have been able to continuously field a team. It requires more organization than the summer season, with finances to be arranged, athletes organised, and officials provided, and John arranged all this most efficiently. Without John, we would not have a cross-country team.

We had the greatest number of committee members for some time this year. This meant that there was an increased range of inputs available, and people who were prepared to undertake the various administrative tasks needed.

Vice Presidents were James Lynch and Aylean O'Connor. James was a great support to me throughout the year. Aylean was the club delegate at the AV meeting early in the year, but was unable to contribute as much as she would have liked after that for family and health reasons.

Trisha Rogers stepped in to be Secretary when suddenly the position became vacant, which was much appreciated, and performed her duties with distinction. Brett Heather took on the demanding role of Treasurer, and was also the delegate to the Willinda Club, a time consuming task.

David Burke was our delegate to the Eastern Region, and looked after our web-site. During the year, he migrated the material to our new web site, ivanhoeharriers.org.au. This will enable us to have a distinctive web address for the first time, and should improve our visibility. He also produced the Annual Report.

Annette Welch put her organizational ability to good use for the club in many ways, and gave of her time freely.

This year, two younger members, Alana Green and Glen Nicholson joined the committee, and gave a different, fresh perspective to committee deliberations. Alana also took on the Registrar position.

Gilda Alavuk resigned from the committee in January, but until then contributed her knowledge to committee meetings.

Although not a member of the committee, John David, at our invitation, attended committee meetings, and contributed greatly. John Boas, as always, was available to assist the committee where possible.

Members of the executive and committee make a big commitment to the operation of the Club, and without them, the club would not be able to function. To all of them, I wish to record my appreciation, and, I am sure, the thanks of all the club members for the time and effort they have put in for the club.

Our club has been noted throughout its history for the quality and dedication of its coaches, and this continues to this day. Club legend, John Boas, was always available to help any of our athletes. To have a coach of such international stature in the club is most impressive. His knowledge and empathy with the athletes is inspiring, as is his willingness to share his knowledge with other coaches.

Trisha Rogers was active coaching the throws, and Ian Rogers, James Lynch and David Burke were our other registered coaches. James has just completed his level 2 coaching course, so I hope that there will be more athletes for him to coach in the future.

Our finances have remained very strong, despite a drop in income from memberships. We did not have a major fundraising function this year, but hopefully this will resume next year. Our financial position would be the envy of many larger clubs.

Through the work of John David, we have arranged to do three sausage sizzles at Safeway in Ivanhoe, on 28th April, 19th May and 16th June. We will see how these go before organizing any more. (We have the ability to do as many as we like). A welcome feature is that Safeway provide all the necessary equipment. All we have to do is cook and sell the sausages. Please volunteer to help when you can, so that all the work is not left up to a few. Even if you cannot stay long, please pop in to see the sizzle while we are there.

We hope this will be worthwhile in assisting our fundraising, but just as importantly, it gives us visibility in an area where we have no direct competing clubs. Since moving to Willinda Park, we have neglected the Ivanhoe area, and this should go part of the way to rectifying this.

At the end of last summer season, somewhat boldly, I wrote to AV asking if they could let us have the pole vault mats from Olympic Park, when they moved to Albert Park. After much discussion, AV gave the mats to Box Hill, but said we could have mats Box Hill previously received after the 2006 Commonwealth Games. Thanks to Storr's Transport, and the Green family, we moved the mats to Willinda Park, and removed the old mats. Lyndall Green arranged for their sale, which improved our finances for the year. Unfortunately, the new mats need some repairs, and the cover will need to be increased because of the size of the new mats. This will have to be addressed in the near future, to protect the club's asset.

When I took over the presidency three years ago, I set out the challenges we faced to be viable, and made suggestions as to how these could be overcome. We have progressed in a number of aspects, but there have been a number of disappointments, and I have certainly not achieved everything I

wished to do. I believe that it is now time for a fresh approach, and I will therefore not be nominating for president or the committee.

I have been honoured to be the 21st president of the club, and I would like to thank the many people who have assisted me over the whole of the three years.

There are some important challenges the new committee will face. The most important, of course, is membership. Without a substantial increase in numbers, we are really not viable. And if we do not act, AV will. We cannot remain as we are, as all the work that has to be done, much of it not visible, will be left to fewer and fewer.

I will close by repeating some of my remarks from when I first became president. The club is the members, and will succeed only if the members want it to, and are prepared to contribute, to the best of their ability to making it succeed.

I wish the new committee all the best for the future.

Peter Rule

IVANHOE HARRIERS ATHLETIC CLUB INC
STATEMENT OF RECEIPTS & PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 2012

	2012	2011
Opening Balance		
- General Brought Forward	\$ 2,580.75	\$ 3,237.00
- ING Account Brought Forward	\$ 9,310.18	\$ 8,866.00
	\$ 11,890.93	\$ 12,103.00
 <u>Plus Receipts</u>		
 Competition		
A.V Registrations (Contra)		
Club Fees	\$ 804.00	\$ 1,620.00
Uniforms	\$	\$ 70.00
Refund AV Fees		
 Fundraising/Social		
Trivia Night	\$	\$ 1,980.00
Sale T/Shirts	\$ 35.00	\$ 250.00
Donation	\$ 550.00	\$ 300.00
 Other		
ING Account Interest	\$ 461.50	\$ 445.00
Equipment Sale	\$ 1,600.00	
Grant for Uniforms		
Grant for Coaching		
 Total Receipts	\$ 3450.50	\$ 4,665.00

Less Payments

	2012	2011
Competition		
A.V. Registrations (Contra)		
Cross Country Entry	\$	\$ 255.00
A.V. Affiliation	\$ 400.00	\$ 400.00
Coaching & Officials Fees	\$ 160.00	\$ 260.00
Coaching Fees - AV	\$	\$ 540.00
General		
Annual Return	\$ 41.80	\$ 41.00
Trophies	\$ 249.00	\$ 204.00
Bank Charges	\$	\$ 50.00
Purchase T/Shirts	\$	\$ 996.00
Fund Raising/Social		
AGM Expenses	\$ 109.19	\$ 171.00
Comedy Night		
Miscellaneous		
Willinda Park Rent	\$ 2,788.00	\$ 1,960.00
Refund LLAC – Mats	\$ 600.00	\$
Total Payments	<hr/> <hr/> \$ 4,347.99	<hr/> <hr/> \$ 4,877.00

Club Funds as at 31st March, 2012

General Account	\$ 1,221.76	\$ 2,581.00
ING Account	\$ 9,771.68	\$ 9,310.00
	<hr/> <hr/> \$ 10,993.44	<hr/> <hr/> \$ 11,891.00

NOTES;

1 Hold Uniform Stock \$200

Hon.Treasurer
27 March 2012

Cross Country Report

It was a very successful season for our Division 5 Men's team - finishing 5th out of 13 teams which is an excellent result. The runners for our CC team this year were James Lynch, Andrew Jewell, John David, Chris David, Katrina Philip and the ever reliable David Burke.

James continued to improve his performance and seems to get better as he gets older (nice to see someone bucking the trend!!).

AV did a good job finding new cross country courses during 2011 with Balnarring being a nice challenge running through mud, ditches and dodging holes in the racecourse. The real test was the 16km at Brimbank Park where we had to run up very steep goat tracks as well as nearly going deaf from loud trumpets blown by supporters trying to encourage athletes to reach the top of the mountain. There was great team atmosphere this year and I can safely say that our runners really enjoyed the experience from the many challenging runs.

The list of individual results is:

<u>Round 1- 7/5/11 Jells Park 4 x 6 km Relay</u> Andrew Jewell 25.14 John David 32.07 David Burke 33.08 James Lynch 22.08	<u>Round 2- 21/5/11 Balnarring 8 km</u> Andrew Jewell 36.27 John David 45.38 Chris David 47.01 David Burke 50.53
<u>Round 3- 5/6/11 Flemington 10 km</u> James Lynch 43.04 Andrew Jewell 43.23 Chris David 51.57 John David 53.29	<u>Round 4- 18/6/11 Ballarat 15 km</u> James Lynch 1.07.40 Chris David 1.19.02 John David 1.23.02 <i>No team points .</i>
<u>Round 5- 9/7/11 Brimbank Park 16 km</u> James Lynch 1.10.45 Chris David 1.31.38 John David 1.36.42 <i>No team points .</i>	<u>Round 6- 23/7/11 Bundoora 12 km</u> James Lynch 52.01 Andrew Jewell 57.13 Chris David 1.09.16 John David 1.09.57
<u>Round 7- 6/8/11 Sandown 4 X 6.2 km</u> Andrew Jewell 25.38 Katrina Philip 30.28 John David 30.27 James Lynch 27.40	<u>Round 8- 27/8/11 Harcourt to Bendigo</u> Chris David 5.5 km 29.46 John David 6.0 km 32.33 Andrew Jewell 8.4 km 36.11 James Lynch 7.6 km 30.15 Katrina Philip 5.7 km 30.16
<u>Round 9- 4/9/11 Burnley 21.1 km</u> James Lynch 1.27.18 Andrew Jewell 1.36.25 John David 1.56.25 Chris David 2.05.26	<u>Round 10-17/9/11 Tan Relay's 4 X 3.8 km</u> Andrew Jewell 15.33 Katrina Philip 18.42 David Burke 19.57 James Lynch 15.01

Men Division 5

Rank	Club	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Rd 8	Rd 9	Rd 10	Total
1	Melbourne University 3	17	17	17	16	17	19	17	19	17	17	173
2	South Melbourne 3	11	11	12	17	16	15	16	12	16	17	143
3	APS United 3	19	8	19	19		16	19		19	19	138
4	Box Hill 3	13	19	13	15	15			16		13	104
5	Ivanhoe Harriers	7	10	11			13	13	11	13	9	87
6	Athletics Essendon 3	12	12	16		19	14				12	85
7	Collingwood Harriers 5	14	14	15			12		14		15	84
8	Diamond Valley 2	9					17	14	15	14	8	77
9	Athletics Waverley 3	15	16	14				15		15		75
10	Traralgon Harriers 2	10	15		14			12	13		10	74
11	Eureka 2	16							17		14	47
11	Western Athletics 3	6	9					11	10		11	47
13	Malvern Harriers 3	8	13	10								31

Club points for the Ivanhoe Harriers CC trophy were - J Lynch : 44, A Jewell : 35, J David : 33, C David : 25, K Philip : 11, D Burke : 9, and J Steel : 9.

Congratulations to James Lynch for being a worthy winner of the Ivanhoe Harriers CC Statewide Trophy for 2011.

Special thanks to Judy Steel for volunteering to fulfill some of our club duties which was much appreciated.

I hope 2012 will be a great year for our Cross Country team and would encourage all of our athletes to give this a go even for some of the shorter legs or relays.

John David (*Ivanhoe Harriers Winter Team Manager*)

AV Shield Report

This report focuses on individual and team performances during the 2011/2012 AV Shield Competition. A number of IH athletes, especially our Juniors, have participated in championships both Sate & National and specialist competitions for jumps and vaults. I have not sourced the results from these competitions; therefore Best Performances in the following table are purely for performances during the Shield Competition rounds.

Fifteen athletes competed for Ivanhoe Harriers during the 2011/12 Shield competition. Of these 15 athletes, David Burke was the stand out competitor for Ivanhoe Harriers, as he competed in all 11 rounds (Round 5 was cancelled) and he competed in 16 different events over these 11 rounds. These events were: 100,200,400,800,1500,3000,110H,400H,HJ,LJ,TJ,SP,DT,JT,4x100,4x400. James Lynch and John David and Alana Green competed in 7 rounds each, Ben Green competed in 6 rounds and ran with the senior men in a 4x100 relay in round 10. Phil Ramsay competed in 5 rounds which also included a relay. Christine Rogers, Simon Rogers and Glen Nicholson and Tim Welch competed in 4 rounds each, Ian Rogers competed in 2 rounds and James Alavuk, Andrew Jewell, Daniel Henery and Madi Heather each competed in 1 round.

The men of MOP3 made a valiant effort to finish 3rd ahead of Croydon & Malvern on the Shield Ladder. The backbone of the MOP3 team was David Burke, James Lynch and John David. James competed in 15 different events and John David competed in 8 different events. It is most important for the position of the Club with AV that we are represented at the Interclub competitions, and these 3 men are representing the Club magnificently in the bulk of the Interclub rounds and in the vast majority of events offered. For the same reason it is always good to see an Ivanhoe Harriers relay team compete. The MOP3 entered a relay team in 3 rounds; two 4x100 and one 4x400. Our 3 mainstays (David, James & John) were joined in relays by Phil Ramsay, our oldest competing member, Ben Green, our youngest competing member and Andrew Jewell, who competed in the 4x400, making a welcome appearance in the Track & Field season.

Ivanhoe Harriers welcomed Daniel Henery to the Track and Field season this year. I believe Daniel has competed for Ivanhoe Harriers in the past and his 6.17m Long Jump in Round 12 is a promise of good things to come.

Ivanhoe Harriers had only 3 female competitors this season. Alana Green competed in more than half the rounds of Shield competition and competed in 5 different events. Alana made great improvements on her PB for Long Jump. Christine Rogers competed in just 4 rounds this season due to 2 separate injuries. Madi Heather was the victim of Year 12 this season and competed only once during the Shield competition, though she had some excellent championship results.

It needs to be mentioned that Shield competition is an important part of the Track and Field season and that in order for shield to run effectively all clubs need to provide officials and club helpers. Once again Ivanhoe Harriers fulfilled its Club Helper requirements despite the small number of competitors. We are most grateful to Jill Wallis who was our only registered AV Official. Also, thank you to all the parents, competitors and coaches who acted as Club Helpers this season. The distribution of labour was a lot more equitable this season and everyone's help was noticed and much appreciated.

PATRICIA ROGERS

ATHLETE	#of rounds	EVENTS	BEST PERFORMANCE
Alana Green	7	200 LJ PV SP TJ	27.2 h 5.43 (5.75 SB) 3.30 9.14 10.38
David Burke	11	200 3000 400H TJ SP 100 400 800 110H LJ HJ JT DT 1500 4x100 4x400	26.6 15:08.3H 70.5 10.22 7.17 12.9 60.13 3:02.4 15.81 5.00 1.70 25.20 19.56 6:22.5
Christine Rogers	4	200 LJ	27.8 h 5.10
James Lynch	7	200 3000 TJ SP 800 400 1500 LJ JT DT 100 5000 HJ 4x100 4x400	31.1 h 10:35.6 7.92 6.84 2:25.6 66.18 4:51.6 3.86 19.60 20.54 15.35 18:20.5 1.25
John David	7	3000 400 1500 5000 JT LJ 4x100 4x400	13:54.2 76.3 6:12.6 23:24.5 17.07 3.55

ATHLETE	#of rounds	EVENT	BEST PERFORMANCE
Simon Rogers	4	HT SP DT JT	23.83 (30.06 SB) 7.99 18.88 13.60
James Alavuk	1	PV	3.50
Ben Green	6	PV 4x100	2.85 (3.00 SB)
Phil Ramsay	5	200 100 4x100	34.9 16.49
Tim Welch	4	PV LJ	4.10 (4.15 SB) 5.53
Glen Nicholson	4	LJ 100 PV NH	6.86 (7.24 SB ?) 11.59 NH
Andrew Jewell	1	3000	12:27.5
Daniel Henery	1	LJ	6.17
Ian Rogers	2	LJ	5.07 (5.27 SB)
Madi Heather	1	PV	3.55 (3.85 SB)

RELAY	TEAM MEMBERS	TIME
4 X 100 Round 4	James Lynch, Phil Ramsay, John David, David Burke	60.00
4 X 100 Round 10	David Burke, Ben Green, John David, James Lynch	58.28
4 X 400 Round 11	James Lynch, Andrew Jewell, John David, David Burke	4:44.01