



# Annual Report 2020/21

# IVANHOE HARRIERS ATHLETIC CLUB INC.

Association Reg.No.A0016530V

Established 1914

Member of Old Ivanhoe Grammarians' Association

Affiliated with Athletics Victoria

## Season 2020/21

### COMMITTEE

#### Executive

President:	Jeff Franklin
Vice President:	
Treasurer:	David Burke
Secretary:	John Edney

#### General

Braden Fraser	Glenn Morrison
Barry Greig	Richard Russell
Mary Langdon	Michael Wallis
James Lynch	

### LIFE MEMBERS

Peter Bethell (dec), Dr. John Boas, George Bolwell (dec), David Burke, Noel Burrows, Ian Campbell, Chris Cole, John David, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessey, Brian Hodgson (dec), Gary Holliday, Gary Honey, Chris Lang, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule, Wendy Russell, Ron Stephens (dec), Jill Wallis, John Wallis, Alf Watson (dec)

### ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson (dec), Bill Pizzey (dec)

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## Minutes of Previous AGM

MINUTES OF ANNUAL GENERAL MEETING	
<b>Date:</b> Wednesday, 24th June 2020	<b>Location:</b> Online meeting utilizing Zoom - Recorded
<b>Meeting Opened:</b> 7:40pm	
<b>Item 1</b>	<b>Present</b>
1.1	John Edney, Richard Russell, John Boas, Jeff Franklin, Mary Langdon, Barry Greig, Michael Wallis, James Lynch, Andrew Edney, Glenn Morrison, Charles Shea, Mark Shea, Braden Fraser, David Burke, Ben Morrison, David Greig, Josh Phillip
<b>Item 2</b>	<b>Apologies</b>
2.1	Phil Ramsay, John Wallis, Jill Wallis, Wendy Russell, Thomas Langdon
<b>Item 3</b>	<b>Welcome remarks &amp; Annual report</b>
3.1	<p>John Edney officially opened meeting and announced apologies.</p> <p>Jeff Franklin welcomed everyone to virtual meeting and spoke of the circulation of the annual report.</p> <p>Jeff spoke on the success the club had for the year with good results on and off the track.</p> <p>Financially the club saw a successful season with around a 20% growth in finances from \$13,428.55 for the previous season to \$16,212.55 to the period ending 31<sup>st</sup> March 2020.</p> <p>Jeff stated that membership is up largely due to introduction of non-competing membership with a total member base of 65 persons.</p> <p>The continuing relationship with Ivanhoe Grammar School is turning into positive membership numbers as well as improving the status and perception of athletics at the school.</p> <p>10 of the clubs new members were directly connected to the Ivanhoe Grammar School Athletics.</p> <p>Overall Athletics Victoria and Ivanhoe Harriers and the sport in general have all been impacted by Covid-19 however the strong financial position of the club will ultimately make it easier to move forward.</p>
<b>Item 4</b>	<b>Minutes from previous meeting</b>
4.1	<p>Minutes from meeting dated 22<sup>nd</sup> May 2019. No issues identified</p> <p>Moved John Edney – Seconded Jeff Franklin</p>
<b>Item 5</b>	<b>Business arising from previous minutes</b>
5.1	Nil
<b>Item 6</b>	<b>President's report</b>
6.1	As tabled plus comments made in the opening remarks
<b>Item 7</b>	<b>Treasurer's report</b>
7.1	<p>As tabled</p> <p>Moved David Burke Seconded Richard Russell</p> <p>31<sup>st</sup> March 2019 - \$13,428.56</p> <p>31<sup>st</sup> March 2020 - \$16,212.55</p>

Item 8	Election of office bearers and committee
8.1	<p>Election conducted by secretary – John Edney</p> <p>Committee nominated &amp; accepted unchanged from previous season</p> <p>President Jeff Franklin  <b>Nominated by:</b> John Edney <b>Seconded by:</b> Mary Langdon  Vice President None elected at this stage  Secretary John Edney  <b>Nominated by:</b> Jeff Franklin <b>Seconded by:</b> Michael Wallis  Treasurer David Burke  <b>Nominated by:</b> Jeff Franklin <b>Seconded by:</b> Richard Russell</p> <p><b>General Committee</b>  Braden Fraser <b>Nominated by:</b> John Edney <b>Seconded:</b> Jeff Franklin  James Lynch <b>Nominated by:</b> Jeff Franklin <b>Seconded:</b> Mary Langdon  Michael Wallis <b>Nominated by:</b> John Edney <b>Seconded:</b> Jeff Franklin  Mary Langdon <b>Nominated by:</b> Jeff Franklin <b>Seconded:</b> David Burke  Barry Greig <b>Nominated by:</b> John Edney <b>Seconded:</b> Mary Langdon  Richard Russell <b>Nominated by:</b> Jeff Franklin <b>Seconded:</b> Barry Greig  Glenn Morrison <b>Nominated by:</b> Jeff Franklin <b>Seconded:</b> David Burke</p> <p>All positions accepted by nominated persons without any objection to any appointment</p>
Item 9	Closing remarks
9.1	<p>Jeff thanked the committee for a successful season and John Edney thanked Jeff on behalf of the committee for his continued leadership.</p> <p>Jeff further thanked the committee for remaining as well as welcoming Glenn Morrison onto the committee.</p> <p>Barry Greig raised matter of when a presentation night would take place to which it was discussed that it would be held over until restrictions over Covid-19 were eased to the point ample persons could attend.</p>
	<b>Meeting concluded: 7:58pm</b>

## **TROPHY PRESENTATIONS - SEASON 2019-2020**

<b>W.A.RAWLINSON TROPHY</b> (Best athlete in the Club):	<b>David Greig</b>
<b>ST.JAMES IVANHOE TROPHY</b> (Most improved track & field athlete):	<b>Harry Shaw</b>
<b>STATEWIDE TROPHY</b> (Athlete scoring the most Cross Country points):	<b>Chris Struve</b>
<b>HUGH LOWE MEMORIAL TROPHY</b> (The most outstanding senior athlete in winter competition):	<b>David Greig</b>
<b>F.J.HOLPEN TROPHY</b> (Most consistent A Grade athlete in Shield competition):	<b>David Burke</b>
<b>JACK McCANN TROPHY</b> (Club Member making the most significant contribution to the Club):	<b>John Edney</b>
<b>BUFFALO SPORTS / ATHLETES FOOT TROPHY</b> (Most improved junior athlete):	<b>Ben Morrison</b>
<b>BOAS/HANCOCK TROPHY</b> (Most outstanding field event athlete):	<b>Christian Ishkan</b>
<b>LEW HALL TROPHY</b> (The most significant commitment to the Club by an under 23 athlete):	<b>Thomas Langdon</b>
<b>GEOFF LEGGE TROPHY</b> (The most outstanding performance by a junior in any event from 800m-10,000m):	<b>Jal Wishart</b>
<b>6km CROSSCOUNTRY HANDICAP:</b>	<b>Mary Langdon</b>



## President's Report

It has been a privilege to carry out the role of President of our historic club during this COVID interrupted 2020-21 season. COVID-19 had an enormous impact on our Club with social activities significantly curtailed. We have carried out a somewhat defensive strategy during the year to ensure that the Club came through COVID-19 financially unscathed.

The entire Cross Country season was cancelled which eliminated our Cross Country membership. Summer track and field was restructured with limited programs on Sunday mornings prior to Christmas and only 4 completed programs after Christmas.

On the financial front we applied for and were granted Government grants and Old Ivanhoe Grammarians' very generously provided funding for our new uniform design. The new uniform has now been rolled out with very positive feedback.

We have grown our balance sheet by approximately 25% with a closing bank balance of \$21,799.55 which is very satisfying for the Committee. I sincerely thank my fellow Committee members for their efforts during the year. We managed our committee meetings via Zoom and juggled work and other commitments in a difficult environment.

The trivia night profit of \$2,668.30 and support of our Members and sponsors were the major income contributors. . Every member of Committee contributed to the running of the Club but in particular, the contribution of John Edney in running the Trivia Night was, once again, outstanding.

The Club needs to continue to grow its financial strength in order that we are in a healthy position to fund future equipment. At this stage, we understand the rebuild of clubrooms at Chelsworth Park is hoped to commence in 2022. That rebuild will include a weight training room to be shared with other resident Old Ivanhoe Grammarian clubs at Chelsworth Park. Therefore, we will have a future funding obligation for weight training equipment in the next 2-3 years.

Our partnership with Old Ivanhoe Grammarians' is developing and we are working together to improve our visibility on IGS Facebook and Instagram. We are confident that this deepening of our relationship with Ivanhoe Grammar School is improving the visibility of athletics at the school, particularly as we strive to develop a clear pathway for female athletics.

The support of past members has been wonderful. This season we had 21 non-competing members in our ranks, 24 junior athletes and a total of 61 members. Unfortunately, our plan to hold a reunion function this year was put on hold due to the onset of Coronavirus. We remain hopeful, as conditions improve, to achieve this goal.

Jeff Franklin  
President

## Competition

Full results for the 2020/21 season are covered in detail, elsewhere in this report. In summary, the cancellation of cross country robbed us of continuation of our cross country success in 2019.

A small band of athletes competed in the very limited summer competition with significant success and many PBs recorded. However, our overall numbers were very low and we could not avoid relegation to the lower grade under the current rules.

It was very satisfying to see two of our young athletes contest the Victorian and Australian Championships. Ben Eddings, competing in the Victorian Championships Under 20 Men's category, placing 4<sup>th</sup> in the final of the 100m with an excellent time of 10.99 and 7<sup>th</sup> in the final of the 200m in 22.58.

Harry Shaw, competed in the Under 20 Men's category in the Australian Championships placing 5<sup>th</sup> in the final with a 15 second PB of 9:56.29.

Congratulations to all in our team who competed to such a high standard.

## Recruiting and Membership

We have continued to grow and expand our relationship with Ivanhoe Grammar School and have been delighted to welcome eight new members with a direct connection to the school. New members of the Club this season are: Avjay Bhar, Greta Brown, Mia Dickson, Lavane Mahajan, Luke Malara, Glenn Morrison, Ella Rowe, Sami Rowe and Perrin Theocharides.

Our training services provided to Ivanhoe Grammar School continue to add value to the School and provide healthy social interaction in a training environment.

Our partnership with Ivanhoe Grammar School is critical as we strive to rebuild the number of young families involved in the Club. We are gradually achieving that aim which was evident in the large number of new families who attended our Trivia Night. The gradual decline of our "Club Family" over the past 20 years has left us weak in this area.

In an environment of declining numbers in athletics, our number of athletes registered with Athletics Victoria this season was 25. Total members as follows:

Season	2020/21	2019/20	2018/19	2017/18
Athletes	25	25	24	27
Coaches	6	5	5	6
Officials	4	6	4	4
Social Members	21	22	2	
Life Members	19	19	19	19
<b>Total Members</b>	<b>61</b>	<b>64</b>	<b>54</b>	<b>56</b>

**There is some overlap in the numbers, for example, some Life Members are also social members, officials or coaches. Total Membership at 61 is correct.**

A full listing of our current membership is detailed in this Annual Report.

## Initiatives & Activities

The work of the Committee has again been a highlight for our Club. The Committee is a diverse and talented group which has actioned a number of positive initiatives during this year which has the Club now placed in a sound position.

- Once again, a very successful Trivia Night attended by over 100 on Zoom, thanks to John Edney and the help from all on Committee.
- The revision, re-design and introduction of the new uniform was a major task which has received accolades both within the Club and outside the Club.
- The promotion and encouragement to retired members to rejoin the Club as "non-competing" members has been a great and growing success. We were thrilled to see Ashley Woods rejoin us again from London.

- Braden Fraser has managed our Instagram and Facebook exposure which is devoured by the young athletes in our Club. This aspect of Club life is becoming increasingly important.
- Old Ivanhoe Grammarians' Association has embraced the Club and provided support and promotional visibility which we hope will result in a steady flow of new members in the future.
- Coaching of Ivanhoe Grammar School students and formal appointment to coach middle distance and cross country teams for the School has been a massive, twice weekly obligation. During the COVID lockdown we provided weekly training programs for students.
- As a consequence of the COVID restrictions we introduced the "Super 6 Handicap Series" or "COVID Cup" which athletes could undertake in their own time and submit their times. The program, run by Barry Greig, provided a meaningful challenge and will be continued into the future.
- James Lynch and Barry Greig have made significant contributions of time and energy in the Coaching and Team Management space.

## Sponsors and supporters

We have been very fortunate to maintain a number of loyal sponsorships in recent times.



Michael Wallis via his insurance broking business, Aspect Broking, has been a great club sponsor over recent years. Michael is able to assist members with general insurance products including home, car, property and business insurance.

Edney Celebrations is a successful business owned and operated by John Edney. John is an accomplished public speaker and fully qualified celebrant. John conducts weddings, engagements, funerals, milestone parties, sporting events and corporate events. He is a generous supporter of the Club.



Bonnie Esposito, wife of Braden Fraser, runs a family friendly legal practice "Focus on Family". The business provides solutions to legal problems that arise in families and relationships including preparation of Wills and Family Court matters. Bonnie and Braden have been generous supporters of the Club.

East Ivanhoe Grocers- is a local Foodworks supermarket with a fantastic array of fresh foods and take-away meals. They have been a very generous supporter of the Club for some years now. We have been supplied with lovely food hampers and other goodies from time to time to assist the Club with its fundraising efforts. We very much appreciate their support.



In this report I wish to recognise outstanding personal effort from many in our wider family group. This is particularly the case on competition days where the Club has an obligation to help out. Mary Langdon, Barry Greig, Richard Russell, James Lynch, Phil Ramsay, Glenn Morrison, Michael Shaw, Mark Shea and Michael Linke volunteered on numerous occasions, donating their valuable time to ensure that the Club could meet its obligations.

Sincere thanks to all for your time and effort. Our usual obligation each Saturday is to provide 3 Club Helpers, this season we were able to share that load ....our Club Family is gradually growing....many hands make light work!

Cursus is the lifeblood of the Club keeping us in touch with our past membership, our new membership, news and results. Cursus is circulated to 300 families in the broader Ivanhoe area and remains one of our best assets. We have produced twelve editions of Cursus this season, and on occasions have delved into the archives to produce historic recollections of the past. We hope we can continue to provide interesting and historic content into the new year.

Finally, I encourage everyone to re-register for the 2021/22 season whether athletes or non-competing members and make a difference to your Club. It is your loyalty and support of the Club that we need to continue to grow in the future. Our membership is power, particularly when dealing with Council.

Jeff Franklin

## Membership List

Brendan Ahern	Andrew Edney	Gary Holliday	Andrew Potocnik
Joseph Anderson	John Edney	Gary Honey	Philip Ramsay
Avjay Bhar	Tim Erickson	Chris Lang	Ella Rowe
John Boas	Adam Franklin	Mary Langdon	Sami Rowe
Greta Brown	Jeff Franklin	Thomas Langdon	Peter Rule
David Burke	Thomas Franklin	Alex Linke	Wendy Russell
Noel Burrows	Will Franklin	James Lynch	Harry Shaw
Ian Campbell	Braden Fraser	Noel MacDonald	Charles Shea
Peter Carter	Barry Greig	Lavane Mahajan	Perrin Theocharides
Bob Cochrane	David Greig	Luke Malara	Jill Wallis
Chris Cole	Matthew Hall	Bruce Meakin	John Wallis
John David	Thomas Hancock	Benjamin Morrison	Michael Wallis
Flynn Deacon	Jack Harper	Glenn Morrison	Lennox Williams
Mia Dickson	Thomas Heap	Josh Philip	Jal Wishart
Benjamin Eddings	Mike Hennessey	Zachary Philip	Ashley Woods
			Mark Worsnop





# Treasurer's Report

## IVANHOE HARRIERS ATHLETIC CLUB INC

### Statement of Receipts & Payments for the Year Ended 31st March 2021

	2021	2020
<b>Opening Balance</b>		
- General Brought Forward	\$ 16,212.55	\$ 2,647.31
- ING Account Brought Forward		\$ 10,781.25
	<u>\$ 16,212.55</u>	<u>\$ 13,428.56</u>
<b><u>Plus Receipts</u></b>		
<b>Competition</b>		
Club Fees	\$ 1,610.00	\$ 1,790.00
Uniforms	\$ 610.00	\$ 490.00
AV Registration Fees	\$ -	\$ 4,550.00
<b>Fundraising/Social</b>		
BBQ		\$ 766.15
Trivia Night	\$ 2,668.30	\$ 2,978.87
Club Clothing		\$ 160.00
IH Centenary Book Sales (4)		\$ 125.00
Donations	\$ 355.00	\$ 215.00
<b>Sponsorship</b>		
T-shirt Sponsorship (3 x \$200.00)		\$ 600.00
Aspect Broking - Michael Wallis	\$ 250.00	\$ 250.00
Grill'd - Fairfield		\$ 100.00
<b>Other</b>		
Government Grants (COVID-19)	\$ 2,500.00	
Donation - OIGA	\$ 6,380.00	
ING Account Interest		\$ 28.37
Transfer (ING to Bendigo Bank)		\$ 10,809.62
<b>Total Receipts</b>	<u>\$ 14,373.30</u>	<u>\$ 22,863.01</u>

### **Less Payments**

<b>Competition</b>		
Cross Country Relay Entry	\$ -	\$ 550.80
Track Relay Championships Entry	\$ -	\$ 40.00
A.V. Affiliation	\$ 390.00	\$ 350.00
AV Online Registration Fees Refunded	\$ -	\$ 4,799.40
Refund of Registration Over-payment	\$ 210.00	\$ 145.00
Uniforms	\$ 6,380.00	\$ -
<b>General</b>		
Collingwood Rent (18 months)	\$ 750.00	\$ -
Annual Return	\$ 59.20	\$ 59.20
Trophies	\$ 651.00	\$ 421.00
Website	\$ 99.00	\$ 118.90
Coach Accreditation		
Transfer (ING to Bendigo Bank)		\$ 10,809.62

**Fund Raising/Social**

BBQ Expenses		\$ 200.00
Committee Christmas Dinner	\$ 247.10	\$ 209.50
Training T-shirts (Qty: 60)		\$ 1,600.60
Trivia Night	\$ -	\$ 400.00
AGM Catering/Expenses	\$ -	\$ 180.00

**Miscellaneous**

Framing of 1930's Team Photo		\$ 195.00
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**Total Payments**

\$ 8,786.30	\$ 20,079.02
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**Club Funds as at 31st March**

General Account	\$ 21,799.55	\$ 16,212.55
ING Account	\$ -	\$ -
\$ 21,799.55	\$ 16,212.55	

**Notes:**

1. ING bank account closed in 2019
2. Uniform stock held is valued at \$3,390.00

David Burke  
IH Treasurer  
12 April 2021

**AUDITOR'S REPORT**

I have carried out the audit of the Statement of Receipts and Payments of the Ivanhoe Harriers Athletic Club for the year ended 31<sup>st</sup> March, 2021.

In carrying out my audit, it has not been practicable to confirm all receipts from various sources of income beyond accounting for amounts received as shown in the Committee's books. With this qualification, I am of the opinion that the attached Statement of Receipts and Payments is properly drawn up so as to show a true and fair view of the results of the Committee's operations for the year ended 31<sup>st</sup> March, 2021.



John W Wallis  
FCPA  
Honorary Auditor  
30<sup>th</sup> April 2021

## Cross Country Report

Cross Country 2020, the Season that never was!

The Club managed to hold its 6km handicap event just prior to lockdown. As it turned out, this was the only event for the entire winter season.



L-R: Zac Philip, Richard Russell, Jal Wishart, David Burke, James Lynch, Flynn Deacon, Thomas Heap, Marcia Wishart, Ben Morrison, Charles Shea, Luke Malara, Calum Rothnie, David Greig, Justin Cementon, Josh Philip, Thomas Langdon, Barry Greig, Adam Franklin, Thomas Franklin, Will Franklin, Christina Lew

### Ivanhoe Harriers 6km Handicap

Saturday, 21 March 2020

Egglemont Tennis Club carpark – out and back along Main Yarra Trail

Name	Handicap Time	Finish Place	Actual Time	Rank (Fastest)	Handicap Difference
Zac Philip	32:00	1st	27:45	16	-4:15
Will Franklin	32:00	2nd	28:58	18	-3:02
Thomas Heap	28:20	3rd	26:02	9	-2:18
Calum Rothnie	28:20	4th	26:03	10	-2:17
Richard Russell	29:00	5th	27:17	13	-1:43
Thomas Franklin	28:30	6th	26:58	12	-1:32
Adam Franklin	28:40	7th	27:23	14	-1:17
Luke Malara	27:20	8th	26:08	11	-1:12
Jal Wishart	26:00	9th	25:23	8	-0:37
Flynn Deacon	25:50	10th	25:16	7	-0:34
Christina Lew	38:00	11th	37:43	20	-0:17
David Greig	19:30	12th	19:47	1	0:17
David Burke	31:00	13th	32:00	19	1:00
Thomas Langdon	19:40	14th	20:41	2	1:01
James Lynch	26:00	15th	27:39	15	1:39
Justin Cementon	20:00	16th	21:43	3	1:43
Ben Morrison	20:30	17th	22:14	4	1:44
Josh Philip	20:10	18th	22:18	5	2:08
Charles Shea	21:00	19th	24:30	6	3:30
Marcia Wishart	24:00	20th	28:20	17	4:20

## Track & Field Report

Coming out of a cancelled winter season, summer track and field was always going to be difficult. Athletics Victoria had to grapple with Government COVID restrictions and regulations. In the end we had 4 limited rounds pre-Christmas and 4 regular rounds post-Christmas. The pre-Christmas rounds were held on Sunday mornings with athletes restricted to a one hour time frame. All events had to be pre booked online, no walk-up attendances were permitted. As a consequence, the summer season, particularly pre- Christmas, had limited appeal.

Round 1 commenced on Sunday, 29<sup>th</sup> November 2020.

The Promotion/Relegation format which was introduced in the previous season was maintained which made our prospects very slim indeed. With nearly all of our team in Year 11 and 12 at School, the first 4 Sunday rounds were clearly a clash with study time for students and often not possible. We therefore needed a decent result in 6 Rounds after Christmas to close the gap with our talent. Unfortunately, we were only left with 4 Rounds after Christmas so we were never in the hunt to acquire enough premiership points to avoid relegation.

The difficulty for Ivanhoe in this current format is that larger Clubs have an absolute points advantage over the smaller clubs given that points scored by every athlete adds to the team total. A team with 100 athletes will always prevail over a team with 50 athletes, regardless of talent. We have protested the unfairness of the system, to no avail.

Final ladder is shown later in this Report.

Once again, **David Burke** made a wonderful contribution, competing in 34 events over 8 Rounds of competition. David sets a great example each week competing in sprints, hurdles, field events and relays. He is a very versatile athlete, competing to a very good standard. Some of his PBs this season: High Jump 1.60m, 100m 13.87, 200m 28.20, 400m Hurdles 78.00, 100m Hurdles 23.65, Discus 21.29, Shot Put 7.11. Congratulations David on another great season.

Probably the highlight of the season was the performance of our Under 20 men who continue to improve week after week.

**David Greig** competed 16 times in 8 rounds of competition culminating in a solid PB in the 1500m of 4:00.5. David also achieved a PB in the 800m with a 1:57.2, so David became the first of our current very good middle distance group to break 2:00 for the 800m.

**Thomas Langdon** and Josh Philip had injury interrupted seasons as well as Year 12 study obligations. Tom still competed in 7 events over 5 Rounds, his best being a 2:06.9 in the 800m.

**Josh Philip** competed 10 times in just 3 rounds with his best being a 25.86 in 200m.

However, our biggest improver was **Ben Morrison**, taking his 800m time from 2:11.1 last season to 2:04.6. Ben had a very good season competing 15 times over 8 rounds.

**Harry Shaw**, has had an outstanding season moving up from sprint/hurdles to middle distance. Harry competed 18 times and did not miss a round. Harry's highlights being a 1:58.3 in the 800m, and qualifying in the Under 20 Men's 3000m Steeple to place 5th in the Australian Championships. Harry has a great work ethic, has natural speed and strength. Congratulations Harry on a great season.

**Charles Shea**, also had a great season, competing in 15 events over 7 rounds. Charles is very strong and very versatile. His 200m PB for the season was 24.96 and his 800m PB was 2:11, a 3 second improvement on last year.

**Jack Harper** has enormous upside, competed in 9 events over 6 rounds. Unfortunately, Jack was injured right at season's end with a PCL injury. However, during the season, Jack had a PB in the 200m of 23.47 and a PB in his 800m of 2:02.83.

As for injuries, **Ben Eddings** raced in 2 rounds for the Club over 100m, excelled in the Victorian Championships, only to injure his ACL at footy training at season's end. Ben trains with Jack and both boys went down playing other sports. The injury was a real pity for Ben as he would have been a chance at the National Championships.

**Alex Linke** was another on our injury list. Alex was training very well and has a very bright future as a middle distance runner. His current PB over 800m is 2:11.3.

Towards the end of the season, we recruited **Perrin Theocharides** from Ivanhoe Grammar School. Perrin is a good sprinter and has a great attitude, he fitted in well with the team. Perrin contested 6 events over 3 Rounds recording an 11.66 in the 100m and a 23.57 PB in the 200m. Congratulations Perrin.

The Summer competition was difficult for us, as noted earlier. However, the Club competed very well and the individual improvements are there to see. We currently have a very talented group of athletes who all have great ability and potential.

Jeff Franklin

### Australian T&F Championships

Name	Age Group	Event	Place	Performance
Harry Shaw	Under 20	3000m Steeplechase	5th - Final	9:56.29

### Victorian T&F Championships

Name	Age Group	Event	Place	Performance
Ben Eddings	Under 20	100m	2nd - Prelims	11.02
			4th - Final	10.99
		200m	1st - Prelims	22.71
			7th - Final	22.58
Harry Shaw	Under 20	800m	3rd - Prelims	1:59.74
			7th - Final	2:07.25

### AVSL Division 4 Ladder

Place	Team	Cumulative Score	Points	Promotion/Relegation
1	Corio	86,559	83	AP
2	Waverley-Malvern	60,897	70	AP
3	Dandenong-Springvale	64,310	67	P/R
4	St Kevins	60,494	53	
5	Vic Masters	48,755	51	
6	Brunswick	45,230	49	
7	Coburg	44,477	48	
8	Old Scotch	46,583	47	P/R
9	Ivanhoe	35,988	30	AR
10	Bendigo Uni	15,211	9	AR

AP Automatic Promotion

P/R Promotion/Relegation Playoff

AR Automatic Relegation



## AVSL Results 2020-21

Name	Event	Rnd 1 <sup>*</sup>	Rnd 2 <sup>*</sup>	Rnd 3 <sup>*</sup>	Rnd 4 <sup>*</sup>	Rnd 5	Rnd 6	Rnd 7 <sup>^</sup>	Rnd 8	Rnd 9 <sup>+</sup>	Rnd 10	Events (Rounds)
David Burke (40+)	60m	8.84										34 (8)
	100m		14.07		13.87	14.42						
	200m			28.31			28.20				29.41	
	400m		67.60			69.46						
	600m	1:57.21										
	800m				2:52.21				2:58.4h			
	3000m						15:08.50		15:50.8h			
	110m Hurdles (99cm)					23.65						
	400m Hurdles (91cm)						81.88		82.74		78.0h	
	High Jump						1.60m		1.55m		1.50m	
	Long Jump	4.58m		4.30m		3.99m						
	Triple Jump										9.13m	
	Discus (2kg)	19.39m		17.86m		21.29m						
	Shot Put (7.26kg)		7.11m		6.40m		6.95m		6.77m		6.69m	
	4x100m Relay					53.54						
David Greig (U20)	60m	8.24										16 (8)
	200m			26.63			25.54					
	400m					58.30						
	600m	88.34										
	800m				2:06.19		1:59.0h		1:57.2h		2:01.0h	
	1500m					4:12.0h				4:00.5h		
	Long Jump			4.15m						DNF		
	Triple Jump										7.08m	
	Shot Put (6kg)								4.44m			
	4x100m Relay					53.54						
Thomas Langdon (U20)	200m						27.53					7 (5)
	800m								2:06.9h			
	1500m					4:19.3h				4:21.5h	4:22.74	
	3000m						9:24.15		9:59.5h			
Josh Philip (U20)	200m						26.18				25.86	10 (3)
	400m											
	600m											
	800m										DQ	
	1500m									4:44.8h		
	3000m					10:41.32						
	High Jump					1.45m					NM	
	Long Jump									4.01m		
	Shot Put (6kg)					6.97m					8.08m	

Name	Event	Rnd 1 <sup>*</sup>	Rnd 2 <sup>*</sup>	Rnd 3 <sup>*</sup>	Rnd 4 <sup>*</sup>	Rnd 5	Rnd 6	Rnd 7 <sup>^</sup>	Rnd 8	Rnd 9 <sup>+</sup>	Rnd 10	Events (Rounds)
Charles Shea (U20)	100m		12.85		12.93							15 (7)
	200m						24.96		25.90			
	400m		59.05									
	600m	1:36.0h										
	800m				2:16.52		2:11.0h		2:14.6h		2:15.9h	
	1500m									4:47.2h		
	Shot Put (6kg)						6.94m		6.04m		5.44m	
	Javelin (800g)									DNF		
Ben Eddings (U18)	100m					11.44	11.31					2 (2)
Jack Harper (U18)	60m	7.80										9 (6)
	100m		11.96									
	200m			23.47								
	400m		54.51									
	600m	89.82										
	800m				2:02.83				2:05.8h			
	1500m									DNF		
	Long Jump				4.96m							
Ben Morrison (U18)	100m		13.81									15 (8)
	200m			26.76			26.70					
	400m		58.97			61.91						
	600m	1:33.5h										
	800m				2:05.84		2:04.6h		2:05.3h			
	1500m					4:22.2h				4:20.8h		
	3000m								10:01.2h			
	Long Jump				4.42m							
	Javelin (700g)									DNF		
	4x100m Relay					53.54						
Harry Shaw (U18)	60m	7.82										18 (8)
	100m		12.36			12.97						
	200m			24.66			25.66					
	400m		55.73			59.12						
	600m	88.31										
	800m				2:04.31		2:02.9h				1:58.3h	
	1500m					4:23.1h				5:07.3h		
	3000m										9:33.6h	
	3000m Steeple (91cm)									10:11.4h		
	Long Jump				5.30m							
	Shot Put										6.86m	
	4x100m Relay					53.54						

Name	Event	Rnd 1 <sup>*</sup>	Rnd 2 <sup>*</sup>	Rnd 3 <sup>*</sup>	Rnd 4 <sup>*</sup>	Rnd 5	Rnd 6	Rnd 7 <sup>^</sup>	Rnd 8	Rnd 9 <sup>†</sup>	Rnd 10	Events (Rounds)
Perrin Theocharides (U18)	100m 200m Long Jump Triple Jump Shot Put (5kg)								23.57	11.66 DNF	23.85 10.44m 6.55m	6 (3)
Alex Linke (U16)	100m 200m 400m 600m 800m Shot Put (4kg)		13.68 59.47		2:12.12		27.67 2:11.3h				6.78m	7 (5)

\* Rounds 1-4: Program limited to four events due to COVID-19 restrictions

<sup>^</sup> Round 7: Cancelled due to 5 day COVID lockdown

<sup>†</sup> Round 9: Abandoned due to wet weather