

Editorial

Cross Country season has commenced in fine fashion. Our Annual 6km Handicap race was contested by 19 runners all looking for PBs. (full details later in this edition).

At the time of writing, we have contested the Cross Country Relays with several new members having their first taste of cross country racing over the scenic Jells Park course. Unfortunately for us, most of our young stars were at the University Games in Qld so we were a bit depleted in numbers. However, we still managed a mid-field finish in Division 3 which was a good outcome for the Club.

At this early stage of the season, our cross country numbers have increased a little on last season and it was great to see a Men's 50+ team in the mix. Thanks to the good work from Simon Rigoni. A first ever 50+ team I think.

The Club's pursuit of excellence was rewarded with young Leonardo Donarelli winning an Australian title in the Under 14 Men's 800m and a silver in the final of the Under 14 Men's 1500m. Well done Leonardo, big congratulations from all at the Club.

From a strategic point of view, the Chelsworth Park matter still drags onward with the Club no closer to occupying a permanent home. As we know, the process has been very slow and I thank all of those members who spent the time and effort sending letters to Council in support of the desperately needed redevelopment.

Please remember your AGM and Presentation of Trophies is coming up on Wednesday, 15th May 2024. It will be a great night, a new trophy to be presented and pizzas after. Support your Club and "be there"...see details below.

New Members

A big welcome in Cursus to our new members, we wish them well and hope they cherish their membership of our great Club.

Peter Castaldo: stepped up from Park Run and looking to achieve a good marathon.

Nicholas Dempsey: resident of Eaglemont also with marathon aspirations.

Stephen Frazzetto: a member of the 50+ gang.

Matthew Peterson: transferred from Coburg with improved marathon times in his sights.

Murray Playfair: also a member of the 50+ gang.

Simon Rigoni: not really a new member but a previous Committee member from 10 years ago who has been responsible for forming the 50+ gang...well done Simon.

Lachlan Warwick: transferred from Collingwood, student in Year 11 at IGS and has been training with the group at Chelsworth for many years.

In addition, we have new Recreational runners joining our training group: **Mathew Keenan, Angus and Olivia Stabb.**

Welcome everyone, enjoy the ride!

Community Service Award to Jill Wallis

Jill Wallis is well known to us all, not only as a Life Member of our Club, but also for the tireless work Jill does in the wider community.

Jill carries out the important role of managing the photo finish at summer athletic competition and has been an active official at Athletics Victoria for many years. Jill, husband John and son Michael (on committee) have contributed an enormous amount to our Club. Indeed, Jill still finds the time to prepare the Club Record Certificates each year and also contributes a hamper to our trivia night. A well sought after prize each year.

Photo below shows Federal Minister, Kate Thwaites, presenting the Community Service Award to Jill on 20th April 2024.

Congratulations Jill on this wonderful achievement, a well deserved recognition for all the extra things you do for the wider community.



AGM and Presentation Night



To all life members, members, committee, coaches and to the broader Ivanhoe Harriers community,

You are invited to the Ivanhoe Harriers Annual General Meeting to close off the 2023/24 season.

To be held at Ivanhoe Park, 153 The Boulevard, Ivanhoe, 7pm for 7:30pm start, Wednesday 15th May 2024.

The annual awarding of perpetual trophies and election of the 2024/25 committee will occur.

A pizza dinner and soft drinks will be provided.

*Kind regards,
Barry Greig
Secretary – Ivanhoe Harriers Athletic Club*

Competition Results

Annual Club 6km Handicap and BBQ

A beautiful morning on Saturday 20th April and a high standard of racing.

Our handicapper did an amazing job with nearly all runners finishing within 2 minutes of each other.

Fastest times were Jamie Blackburn and Alex Linke in the very good time of 19:24 which was just outside of the Club record.

The 19 starters listed in their finishing order shown below, with Murray Playfair beating the handicapper with a fine run, beating his handicap time by 1 min 10

secs. Watch out for the handicapper next year Murray!!

It was also nice to see Charlie Fennessy (Year 7 IGS) take 3rd place with a good time for an "Under 14" runner.

Actual times below highlights the excellent runs from Alex and Jamie:

	Name	Actual Time	Handicap Time	Diff.
1	Murray Playfair	28:00	29:10	-1:10
2	Alex Linke	19:24	19:50	-0:26
3	Charlie Fennessy	27:10	27:30	-0:20
4	Jamie Blackburn	19:24	19:20	0:04
5	David Greig	20:25	20:20	0:05
6	Peter Castaldo	23:36	23:30	0:06
7	Liam Furlong	20:18	20:10	0:08
8	Hamish Nelson	31:45	31:30	0:15
9	Simon Rigoni	29:30	29:10	0:20
10	Ben Morrison	20:52	20:20	0:32
11	Tom Langdon	21:06	20:20	0:46
12	Theadora Hally	29:03	28:10	0:53
13	Will Franklin	24:56	24:00	0:56
14	Lachie Warwick	22:48	21:40	1:08
15	Matthew Peterson	25:14	24:00	1:14
16	Carla Parris	28:48	27:30	1:18
17	David Burke	33:07	31:00	2:07
18	Nicholas Dempsey	23:48	21:40	2:08
19	Kate Bukovsan	28:43	26:10	2:33



A tight finish to the 6km Handicap race

Round 1 - Cross Country Relays

Saturday, 27th April 2024

A glorious sunny day greeted runners, spectators and officials for the opening of the 2024 cross country season at Jells Park.

Ivanhoe fielded 3 teams and had 6 new members running cross country with the club for the first time. Possibly the first time Ivanhoe has fielded an over 50's team.

Well done to everyone who competed and got through a challenging course in warm conditions.

Results

Division 3 (6km) – placed 9th out of 15 teams.

In order of runners:

Liam Furlong	20m 53sec (10:12, 10:41, 3km splits)
David Greig	19:37 (9:35, 10:02) – Fastest time of the day for Ivanhoe
Peter Casteldo	24:19 (12:01, 12:18) – First time runner with Ivanhoe
Nick Dempsey	23:13 (11:38, 11:35) – First time runner with Ivanhoe (negative split!!!)
Matt Peterson	25:35 (12:15, 13:20) – First time runner with Ivanhoe

Women U18 (3km) – placed 7th out of 18 teams

Eliza Nelson	13min 02 sec
Carla Parris	12:51 – First time cross country runner with Ivanhoe
Kate Bukovsan	13:21

Men's 50+ (6km) – place 13th out of 17 teams.

Stephen Frazzetto	31:34 (15:10, 16:24, 3km splits) – First time runner with Ivanhoe
Murray Playfair	29:10 (13:55, 15:15) – First time runner with Ivanhoe
Simon Rigoni	29:57 (14:35, 15:22) – Returning runner to Ivanhoe

Thanks to helpers: Hamish Nelson and Richard Russell covering officiating duties.

Thanks to Anne, David Burke for assisting with organising duties and photos.

Overall, a great first up performance with so many of our group unavailable.

Team results shown below:

Women's Under 18 Team Results

Team	Time	(Athletes)	Ldr Pts
1 Ringwood	33:53	(3)	11
2 Box Hill	36:20	(3)	9
3 Diamond Valley	36:32	(3)	8
4 Ringwood 2	36:55	(3)	7
5 South Melbourne	38:21	(3)	6
6 Bendigo Region	38:27	(3)	5
7 Ivanhoe	39:14	(3)	4
8 Glenhuntly	39:21	(3)	3
9 Frankston	40:05	(3)	2
10 Diamond Valley 2	40:06	(3)	1
11 Essendon	41:17	(3)	
12 Ringwood 3	44:12	(3)	
13 Keilor St Bernards	45:09	(3)	
14 Mornington	45:28	(3)	
15 Essendon 2	24:13	(2)	
16 Mentone	25:11	(2)	
17 Nunawading	26:14	(2)	
18 St Kevins	27:02	(2)	

Men's Division 3 Team Results

Team	Time	(Athletes)	Ldr Pts
1 Western Athletics 2	1:43:51	(5)	16
2 Melbourne Uni 2	1:44:09	(5)	14
3 Box Hill 3	1:47:02	(5)	13
4 North East Region	1:47:48	(5)	12
5 Mentone 2	1:47:55	(5)	11
6 Keilor St Bernards	1:48:41	(5)	10
7 Traralgon	1:50:38	(5)	9
8 Old Xaverians	1:51:27	(5)	8
9 Ivanhoe	1:53:37	(5)	7
10 Malvern	1:56:56	(5)	6
11 Coburg	1:58:25	(5)	5
12 Collingwood 2	1:59:05	(5)	4
13 Geelong Region 2	2:00:45	(5)	3
14 Weapon Runners	2:02:47	INV. (5)	
15 Waverley	2:14:29	(5)	2

Men's 50+ Team Results

Team	Time	(Athletes)	Ldr Pts
1 Box Hill	1:06:41	(3)	11
2 Glenhuntly	1:07:37	(3)	9
3 Old Xaverians	1:09:19	(3)	8
4 Mornington	1:10:28	(3)	7
5 Collingwood	1:11:06	(3)	6
6 Waverley	1:11:09	(3)	5
7 Richmond	1:14:23	(3)	4
8 South Melbourne	1:14:54	(3)	3
9 Mentone	1:16:51	(3)	2
10 Doncaster	1:17:42	(3)	1
11 Box Hill 2	1:18:23	(3)	
12 Keilor St Bernards	1:25:55	(3)	
13 Ivanhoe	1:30:41	(3)	
14 Malvern	1:37:55	(3)	
15 Doncaster	1:39:10	INV. (3)	
16 Waverley 2	52:11	(2)	
17 Bendigo Region	54:29	(2)	



Nick handing the timing chip to Matt



Kate and Carla during a relay change



Murray running as part of the 50+ team

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