

Season's Greetings



The Committee of our historic Club extends warm Christmas Greetings to all of our members and friends. We wish everyone a safe and happy festive season as we look forward to 2026 with enthusiasm and confidence. In particular, safe driving to all of those who are travelling and we hope the weather gods give us fine and sunny holiday conditions. I believe some of our young athletes are heading up to Falls Creek for some altitude training, now that should be fun!!

My personal thanks to the Committee for all of the work done over the past 12 months. We have accomplished much on the journey, some successful social functions during the year and a couple of winter Premierhips, including our first ever female cross country premierhip.

Best wishes and Happy New Year to all.

Editorial

The Club has grown significantly despite a few continuing hurdles. We have seen steady progress over the past 10 years with gradually increasing members, vastly improved financial position, stronger relations with IGS and great community support for the Club.

Our recent Trivia night was a huge success with over 100 attending. The Mike Wallis table won the chocolates which was well deserved. The generous support of community businesses donating prizes for the silent auction was also a notable feature of our Club status in the Community. We are highly regarded in our community.

However, despite our excellent winter season, the number of competing athletes this summer is still lower than we

would like. Whilst our athletes have been performing really well with plenty of PBs, we do need to grow our number of competing athletes. Amazingly, we have managed to hold on to 4th position on the ladder at the half way mark of the season...achieved without clubrooms but with a small "core" group of athletes. An incredible performance I think.

Participation is key to the success of community sport.

Community sport needs to be attractive to the young, and with reasonable facilities available. These days with social media a big deal, young students have many distractions. Our lack of facilities continues to hold us back.

The incredibly slow progress with the proposed rebuild of facilities at Chelsworth has significantly impacted our Club and the Community. The latest Council meeting attended by this Editor fellow again showed the lack of progress by Council and an almost determination by Council to encourage community objectors at the expense of healthy sport participation. There is a clear absence of committed support by Council for the local sporting community which hinders our efforts to attract female participation. Your Editor attended another Council arranged public forum at Chelsworth Park on 11th December 2025. There did not appear to be any major objections raised. However, our prospects of occupying new clubrooms limp along at a snail's pace. Demolition and construction timeframe is estimated at 14 months so I think we are still 2 years away. Despite the negatives expressed above, the Club has performed extremely well, in my view, well above expectation.

Trivia Night

As noted above, we had a fantastic turnout for the Trivia Night with over 100 testing their trivia skills. John Edney did a wonderful job once again and we had a very large selection of items donated for the silent auction.

The event was held at the East Ivanhoe Bowling Club this year, a slightly larger venue than the cricket Club next door. Sincere thanks to the Bowling Club for making their clubrooms available to us.

The following individuals/businesses were generous donors of prizes on the night, we thank them for their continuing support of our Club. We would not be where we are today without this wonderful community behind us.

In no particular order:

Craig Shearer & the Terminus Hotel over many years,
Michael Wallis and the Wallis family,
Barr'd Tapis Bar in East Ivanhoe,
Foodworks in East Ivanhoe
All for Pets, Ivanhoe,
BBQs-R-Us,
Chemist Warehouse,
Matthew Keenan,
Sage Bulk Wholefoods,
Ivanhoe Health Store,
Oliver Gualano,
Justin Watts at Sub-4,
Dentists of Ivanhoe,
Aesthetics & Co,
Covet and Co,
Core Principles,
Osteopaths of Ivanhoe,
Muscle Needs Myotherapy,
Perform Physio,
Caroline Stevenson & Family,
Templestowe Cellars,
Barry Greig,
Alf DiCenso butchers,
Focus on Family Law,
Skechers racing shoes,
Dr Ian Reynolds.

It was a successful and entertaining evening raising good money for the Club. Funds raised will totally cover our hard costs for the year ahead. Well done everyone.

Competition Results

AVSL Round 3 – Keilor Park

Saturday, 8th November 2025

Round 3 was cancelled due to wet weather.

AVSL Round 4 – Doncaster

Saturday, 15th November 2025

Not a great round for us, finishing 8th in our Division. Rachel ran a solid 3000m, closing on a 10.00min time. Collectively, our girls performed very well, underpinning the team result and lack of male numbers.

Individual highlight probably in the 800s with Alex breaking 2:00 and a fine run from Leonardo with a 2:01.27, a new Club record.

The old timers will remember Frank Jordan who set the previous Under 15, 800m record in 1972 with an

exceptional run of 2:02.7. Frank was an outstanding talent. This is an exceptional time from Leonardo in breaking Frank's record, he should be very proud to reach this milestone.

Nice to see James Rickard gradually pegging back his times in the 5000m.



Female Open

3000m: Rachel Paterson 11:08.04

Female Under 18

200m: Kate Bukovsan 28.78 (-0.3)

800m: Kate Bukovsan 2:42.30

4x400m: (Kate Bukovsan, Sadie Crane, Ashleigh Palmer, Carla Parris) 5:18.62

Shot Put: Kate Bukovsan 5.81m (3kg)

Female Under 16

200m: Mabel Taylor 28.51 (-1.3); Ashleigh Palmer 30.92 (0.6)

800m: Ashleigh Palmer 3:06.66

Shot Put: Ashleigh Palmer 5.31m (3kg)

Female Under 14

200m: Sadie Crane 33.64 (-0.2)

800m: Carla Parris 2:42.65; Sadie Crane 2:42.69

Triple Jump: Carla Parris 6.77m

Male Open

800m: Alexander Linke 1:59.09; David Greig 2:03.67

3000m: David Greig 10:43.08

Male Under 16

800m: Leonardo Donarelli 2:01.27

Male 40+

5000m: James Rickard 18:14.88

Male 50+

200m: David Burke 29.81 (-0.3); Claude Aquino 34.25 (-0.2)

800m: David Burke 3:02.75

400m Hurdles: David Burke 78.72

Shot Put: David Burke 7.42m (6kg)

Triple Jump: David Burke 8.99m

Male 60+

800m: Barry Greig 2:30.99

3000m: Barry Greig 11:41.21

Shot Put: Barry Greig 7.33m (5kg)



AVSL Round 5 – Keilor Park

Saturday, 22nd November 2025

Out to noisy Keilor with quite poor participation from all Clubs. We had some exceptional performances from our older athletes to grab 5th place with 8,124 points. Defeating Old Scotch was a bonus for us. Mabel ran a very good 100m in 13.30 earning a whopping 407 points. Ashleigh ran well and Kate also ran well in her 400m, very close to her PB with a 63:45 and 395 points.

We saw a welcome return from Injury from Elizabeth with a nice 3.76m in the Long Jump.

Barry, David, Peter, Claude and Brenton had us well represented in the Over 40, 50 and 60 categories.



Female Open

1500m: Rachel Paterson 5:24.41

Female Under 18

100m: Kate Bukovsan 14.51 (-1.5)

400m: Kate Bukovsan 63.45

Long Jump: Kate Bukovsan 3.62m

Female Under 16

100m: Mabel Taylor 13.30; Ashleigh Palmer 14.61

400m: Ashleigh Palmer 76.48

Long Jump: Elizabeth Stevenson 3.76m

Female Under 14

400m: Carla Parris 65.52

1500m: Carla Parris 5:43.35

Long Jump: Carla Parris 3.87m

Male Open

1500m: Alexander Linke 4:14.33

Long Jump: Glen Nicholson 6.24m (-1.2); 6.38m (+0.0)

Male 40+

400m: Peter Castaldo 67.77

1500m: Peter Castaldo 5:27.29

Male 50+

100m: David Burke 14.16 (+0.0); Brenton Hall 15.29 (0.9)

400m: David Burke 65.89; Brenton Hall 71.10; Claude Aquino 77.12

1500m: Brenton Hall 5:16.92

100m Hurdles: David Burke 20.26

Discus: David Burke 20.56m (6kg)

High Jump: David Burke 1.53m

Javelin: David Burke 22.93m (700g)

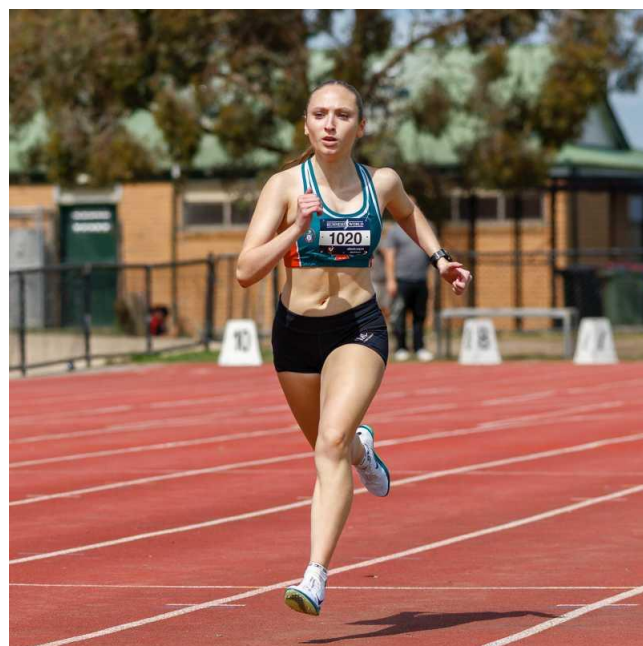
Long Jump: David Burke 4.42m

Male 60+

400m: Barry Greig 68.95

1500m: Barry Greig 5:15.81

Discus: Barry Greig 26.76m (5kg)



The team placed 5th with 8,124 points just ahead of Old Scotch on 6,450 points

The highlight of the day for this Editor fellow was Brenton's gutsy win in his 1500m in the time of 5:16.92, just holding out his young competitor in the front straight....the spectators were cheering!!



AVSL Round 6 – Doncaster

Saturday, 29th November 2025

Fortunately, the weather held off enabling a full day of competition. This month of November has been the wettest in over 25 years. It was a tough day for us with many absentees but our depleted team scored very well under the circumstances.

We finished the day in 5th place of the eleven teams in the comp which now leaves us in equal 4th place on the ladder.

With Cyril away on holidays and Bruce and myself having to leave early, meant we were a bit short on personnel.

A big thankyou to our many "club helpers" who made it all happen. Phil Ramsay, Paul Palmer, Chris Parris, Anne Bukovsan, Nick Dempsey and Claude Aquino, all stepped up on the day to manage the triple jump. Thanks everyone, in particular Brenton who managed the Photo-finish all day, a great team effort.

As for the competition, some excellent performances (see below) with 3 athletes competing in the 5000m at the end of the day...great to see Owen, Oliver and James featuring very well.

Special mention to Jessica having her very first run for the Club running a nice 200m. Congrats to Jessica and welcome aboard.

Rachel Paterson is improving like a good red wine. Her 3000m run of 10:57.89 was a PB and a new Club record, surpassing the previous record set by Laila Cooke back in 2019. Laila still holds the Under 16/18 and Under 20 record with that excellent run back then in 2019.

Arguably our best performance of the day was Leonardo, racing in "Heat 1" of the Men's 800m, in 2:01.94. A really nice run and tune up for Leonardo as

he prepares for the Australian All Schools Championships next weekend. Good luck from all at the Club, Leonardo.



Female Open

3000m: Rachel Paterson 10:57.89

Female Under 18

200m: Kate Bukovsan 28.83 (0.3)

800m: Kate Bukovsan 2:37.18

Shot Put: Kate Bukovsan 5.65m (3kg)

Female Under 16

200m: Mabel Taylor 28.69 (0.3); Ashleigh Palmer 31.13 (2.2)

Shot Put: Ashleigh Palmer 5.15m (3kg)

Female Under 14

200m: Jessica Abdul-Rahman 33.07 (0.8)

800m: Carla Parris 2:37.62

3000m: Carla Parris 13:27.16

Triple Jump: Carla Parris 6.17m

Male Open

800m: Alexander Linke 1:59.50; Liam Furlong 2:14.99

3000m: Liam Furlong 9:35.95

5000m: Owen Dumsday 15:41.88; Oliver Gualano 17:31.20;

Male Under 16

800m: Leonardo Donarelli 2:01.94

Male 40+

200m: Peter Castaldo 30.19 (2.2)

800m: Peter Castaldo 2:38.48

3000m: Peter Castaldo 11:43.37

5000m: James Rickard 17:44.85

Male 50+

200m: David Burke 28.82 (-0.5); Claude Aquino 32.73 (0.5)

800m: David Burke 3:04.11

400m Hurdles: David Burke 78.70 (84cm)

Shot Put: David Burke 7.02m (6kg)

Triple Jump: David Burke 9.05m

Male 60+

800m: Barry Greig 2:29.86

Shot Put: Barry Greig 7.24m (5kg)

Current ladder shown below with 5 Rounds to go. Next competition day being 17th January 2026. We have some work to do but we can certainly improve our current position.

Division 4

| Place | Team | Points Scored | Ladder Points |
|-------|---------------|---------------|---------------|
| 1 | Melbourne Uni | 64,358 | (PP) 57 AP |
| 2 | Wyndham | 68,166 | 51 AP |
| 3 | Old Scotch | 47,576 | (PP) 45 |
| 4 | Bellarine | 45,619 | 34 |
| 5 | Ivanhoe | 43,614 | 34 |
| 6 | Echuca Moama | 40,491 | 32 |
| 7 | Old Xaverians | 44,030 | 31 |
| 8 | Frankston | 39,458 | 28 |
| 9 | Coburg | 26,501 | 17 |
| 10 | Brunswick | 21,065 | 12 AR |
| 11 | Whittlesea | 22,418 | 11 AR |

AP: Automatic Promotion

AR: Automatic Relegation

PP: Power Play used (double points for 1 round)

AVSL 2025/26 Calendar

| Round | Date | Venue |
|-------|-----------------------|------------|
| 7 | Saturday, 17 Jan 2026 | Meadowglen |
| 8 | Saturday, 31 Jan 2026 | Aberfeldie |
| 3* | Sunday, 8 Feb 2026 | TBA |
| 9 | Saturday, 21 Feb 2026 | Doncaster |
| 10 | Saturday, 28 Feb 2026 | Aberfeldie |

* Rescheduled Round 3

Australian All Schools Track & Field Championships

4 – 7 December 2025

National All Schools Championships on the weekend were held at Lakeside Stadium, Albert Park.

Leonardo placed a magnificent 4th in a tough final of the Under 15 Boys 1500m.

The race started at a frantic pace with Leonardo showing great maturity to grab 4th in a PB of 4:09.39 setting a new Ivanhoe Harriers Club Record and I suspect a new IGS record.

The previous Club record was set by Stuart Adderley in 1998 in the time of 4:09.5.



Bruce and Jeff celebrating Leonardo's fine run representing School and State.

Victorian Relay Championships

12 – 14 December 2025



Carla, Sadie, Ashleigh and Mabel

The girls placed 6th in the Under 16 Medley Relay in a time of 5:01.70. They all ran particularly well but given two of the girls are still 13 years old, we were well and truly disadvantaged by the age difference.

The Medley event is 200m, 200m, 400m and 800m and each of the girls ran at about PB pace.

Well done girls on a great effort.

Cursus Editor: Jeff Franklin

Production: David Burke

