

Victorian Shield Final

held on Saturday, 23rd February 2019

Going into this Under 18 Championship event with only 5 boys available meant we had minimal chance of winning. There were too many events that we could not contest due to qualification requirements and our limited capacity. In addition, a number of the other finalists had very large teams to draw on which meant that they could contest every event on the card. We had no contestants in the walk, the 2k steeple, sprint hurdles and pole vault. But we have talent.

Based on the number of points earned over the summer, I felt that we would be lucky to get to 6th place out of the eleven contesting Clubs. However, I did not count on the level of determination of the 5 boys....now known as the "Fantastic Five". Our Fantastic Five of Rhys Rigoni, Sam Daniel, Thomas Langdon, David Greig and Josh Philip performed brilliantly and managed to defeat many of the larger, more powerful Clubs like Frankston, Essendon, Ringwood, Geelong and Casey.



The Under 18 Team with a very pleased Coach.

David Greig was ill with a virus on the day but still managed to contest 4 events to a high standard. Sam Daniel and Rhys Rigoni contested 5 events each, showing amazing grit and Thomas Langdon and Josh Philip contested 3 events with quality performances.

In particular, Thomas Langdon ran a PB in his 1500m of 4:11.1, an excellent time.

Final Team Scores were:

		Points
1 st	Diamond Valley	7513
2 nd	Western Athletics	6989
3 rd	Yarra Ranges	6290
4 th	Ivanhoe Harriers	5201
5 th	Casey/Cardinia	5133
6 th	Frankston	4403
7 th	Essendon	4311
8 th	Ringwood	3475
9 th	Ballarat	3448
10 th	Geelong	3130
11 th	Bendigo	1385



Top: Rhys Rigoni finishing his 100m in 12.9 sec.

Bottom: David Greig, well placed in his 1500m



Above Top: Tom Langdon ran a PB in his 400m in 56.97 sec.
Above Bottom: Josh Philip showing enormous effort in his long jump.
Below Top: Sam Daniel cruising in his 400m which he went on to win in 55.41 sec.
Below Bottom: Dee Daniel and Mary Langdon, a couple of very committed mothers.



Officials - Club Helpers

Athletics cannot survive without volunteers and we have had wonderful contributions during these Championships from Mary Ishkan, Mary Langdon and Barry Greig.

Generally, the jobs are not difficult but are necessary for the program to run on time and professionally.

Sincere thanks to the two Mary's and Barry in helping to meet our club obligations.

State Track and Field Championships

In the end we had 5 athletes contest the Victorian Track and Field Championships. It was great to see Ivanhoe well represented.

Results as follows:

Rhys Rigoni	Under 20 Men's Discus	4 th place in 37.90m
Rhys Rigoni	Under 20 Men's Javelin	4 th place in 44.68m
Ben Eddings	Under 17 Men's 200m	5 th in Heat in 23.30 6 th in Final in 23.22
David Greig	Under 20 Men's 800m	Heat time 2:05.19 Did not qualify for final
Thomas Langdon	Under 18 Men's 800m	8 th in heat, 2:00.35 (PB) 8 th in Final in 2:03.25
Christian Ishkan	Under 15 Men's Shot put	5 th place in 11.02m

It was tough going, particularly for Rhys and David who had to move up to Under 20, where they will compete again next year.

Congratulations from all at the Club, no medals this year but plenty of Finals appearances and great experience.

Cross Country All-Comers 6k Handicap

Saturday morning 30th March

Yes, it's coming up again, the cross country season where we slish through the mud and grind out the hills, what a great time we have!!

Cross Country runners, note your diaries, we meet at the Eaglemont Tennis Club carpark, adjacent to the Boulevard in Ivanhoe East, just next to the golf course.

Race time is 11.00am so arrival time needs to be 10.00am to give Barry time to work out handicaps.

The course is "out and back" followed by a barbeque. For parents with little kids, the location is ideal as there is a playground to occupy any toddlers while the race is on.

Who will be the dark horse this year? What handicap will Barry give to Richard Russell? What about Potsy, is he going to run? Who will be the backmarker? What about Braners? He has been secretly training, what handicap will he get?

These questions will be answered on the day, don't miss out.

Preserving History - Cursus Newsletter 50 years ago.

Since retrieving our Club possessions from Willinda Park I have been gradually sorting through our stuff, disposing of the rubbish and filing our history. As noted in our January edition of Cursus, part of that process was to consolidate our Cursus history into one file for ease of reference. This job is now complete and I enclose below, a précis of some of the articles published in the May 1969 Edition of Cursus. ie 50 years ago.

I hope you enjoy the read.

END OF SEASON BARBEQUE

More than 130 members and friends wound up the track and field season at a wild and gay barbeque at the Stewarts home in Macleod. With their spirit undampened by the threatening weather, the "Hoes" let their hair down in a big way. Everyone agreed that the night was most enjoyable, even if they did have to queue for an hour while Tom cut the icecream cake!

CLUB RECORDS

From a listing of Club record-breaking performances during 1968-69 season:

Senior Javelin	R Buckland	211' 11"
Senior Triple Jump	R Buckland	49' 5"
Senior 440yds	A Smith	49.5 sec.
Senior 880 yds	A Williams	1min 54.7sec
Senior 1 mile run	A Williams	4min 8.8sec
Under 15 880 yds	A Young	2.12.2

ANNUAL SUBSCRIPTIONS

The Club Committee has decided to recommend to the Annual Meeting that it approve an increase of Annual Subscriptions as follows:

	SENIORS	UNDER 19	UNDER 17
OLD SUB	\$5.50	\$3.50	\$2.25
NEW SUB	\$8.00	\$4.50	\$3.50

DISTANCE RUNS - TRAINING

Pack runs on Saturdays when there are no races scheduled, comprise the main part of training for the distance runners. These runs provide a highlight to the weeks training for the athlete who likes to come along and enjoy the companionship and friendly rivalry of training with club mates. They are mostly run over unsealed country roads not far from the Heidelberg district. Dates of the Pack Runs are set out in the program.

CLUB EVENTS - THE IAN MACDOUGAL RELAY

This event is held annually between Ivanhoe Harriers and the Old Public School Clubs in memory of Ian MacDougal, the former Ivanhoe athlete who left the Club to form the Old Scotch Club, the first of the Old Public Schools Clubs, and was killed in the Second World War. The relay is held on a 12 mile course in Warrandyte, there are 6 legs, each approximately 2 miles. We are the host Club and provide afternoon tea after the race.

That concludes our journey into history. Those few little snippets give an insight into the Club 50 years ago. How times have changed in 50 years!!

Jeff Franklin

