CURSUS

The Newsletter of Ivanhoe Harriers Athletic Club Inc.



April 2022 Edition 78

Editorial

We have achieved great success during the 2021/22 season and can look forward to this new season with confidence. COVID certainly impacted community sport last year but we pushed on, invested in new equipment and won a Premiership, all very positive outcomes.

Our hope of achieving a formal, long term home at Chelsworth Park has not yet been achieved after countless delays. Council has now raised so called "heritage" issues which seem to be more important to them than providing a safe environment for our young female athletes. Yes, there is an unlocked public toilet at Chelsworth, but no decent, secure facilities or female friendly change rooms... just a lot of defensive talk and no action.

On a positive note, we can now look forward to the cross country season. Training has commenced and our Annual 6km Handicap for all-comers has just been run and won in delightful conditions. Full report later in this Edition.

Annual General Meeting & Trophy Presentation

The Annual General Meeting and presentation of trophies will be held on Wednesday night 25th May 2022 at Ivanhoe Park.

Secretary John Edney will send out a formal notification.

Please note your diaries and please attend, numbers are important. The Club needs the commitment of its members as we strive to achieve continuous improvement.

We will provide pizzas after conclusion of formalities.

National Track and Field Championships

Two of our athletes represented the Club at the Nationals in 2022 though it was tough going for both.

David Greig contracted COVID about 3 weeks before and never quite recovered and Harry Shaw did not perform to near his best.

David Greig: 1500m heat, 15th, 4:03.35

David Greig: 5000m B Final, 23rd, 15:34.32

Harry Shaw: 3000m steeple (Under 20) 13th in

10:16.69

Congratulations to the boys for qualifying and being there. They are both exceptional athletes with bright futures.

Ivanhoe Harriers 6km Handicap

On Saturday morning 9th April we enjoyed fine weather, good company and our annual 6k handicap for all-comers. We invited the cross country students from Ivanhoe Grammar to attend and saw some very good times.

Unfortunately, many students had returned from camp the day before so were probably too tired to race. I know that Charlie and Harley were exhausted so well done boys for turning up.

The handicaps worked out pretty well, thanks to Barry Greig. Our winner was Paige Bukovsan with a very good time of 25:16, beating her handicap time by 14 seconds.

Jeremy Kerner had his first run for the Club and was the only other runner to beat his handicap time...by just one second, to record the very good time of 22:29.

Ben Morrison was our fastest time with an excellent 22:07.

Congratulations to all.

Full listing of results as follows:

Name	Handicap Time	Actual Time
David Burke	31:30	33:12
Cormac Skaliotis	30:00	33:07
Anawyn Foulds	30:00	34:35
Macey Mileto	29:00	30:49
Hamish Nelson	29:00	32:30
Kate Bukovsan	27:30	28:00
Eliza Nelson	27:00	28:11
James Lynch	27:00	28:50
Paige Bukovsan	25:30	25:16
Luke Malara	25:30	27:54
Charlie Baker	25:00	33:25
Harley Mileto	22:30	25:28
Jeremy Kerner	22:30	22:29
Ben Morrison	21:30	22:07



A great setting with our new marquee on Saturday morning at the 6k handicap.



The start with Luke Malara and Paige Bukovsan heading off. (By the way, congrats to Luke who has been appointed School Captain)



Eliza Nelson having her first run for the Club.

Many thanks to Anne Bukovsan, our "official photographer," for doing such a fine job for the Club. The photo below is of Cormac Skaliotis and Anawyn Foulds giving it their best shot, well done boys.



Letters to the Editor

Received this note from Potsy a.k.a. Andrew Potocnik, one of our cross country runners from the past. Andrew ran with this Editor fellow in the 80s and 90s.

"Greetings Jeff,

Had hoped to call in to the 6k handicap but other commitments kept me away. Fingers crossed I'll call in at the Bundoora 10k, which will be part of my daily run.

Saturday 27th March brought up 1000 consecutive days (of running) only broken by a day in transit in 2019 as we were returning from Europe and lost the day. Covered 21,200-ish k's in the 1000 days. Now there is a challenge for the youngsters."

Editor's comment: Andrew, I must admit, I am not surprised. I think this is a record that will not be broken, 21 k's a day is amazing.

I think it is time that you made a comeback and ran cross country again. No excuses, you will be a great influence on the youngsters.

Memberships and rejoining for season 2022/23

It is that time of year again where we need to build our team in readiness for competition.

Please complete the <u>Membership Form</u> as instructed and transfer the funds to the Club Bank Account with your surname to identify your sub.

We also encourage our previous retired members to stay on board as "non-competing members" for the small fee of \$30.00. Your support is incredibly valuable to the Club, particularly as we need to deal with Council, more members, more power.

A brief summary as follows:

Non-Competing Membership: \$30.00

Junior Competing: \$30.00 (Club fee)
Aths Vic cross country only \$257.50, or
Aths Vic Cross country and summer \$324.45

Senior competing: \$50.00 (Club Fee)
Aths Vic cross country only \$319.30, or
Aths Vic cross country and summer \$412.00

In other words a junior joining for cross country only would pay \$287.50 which covers Club fee and all events including relays.

For athletes who will be competing in cross country and also the summer track and field season. It is much better value to pay the full fee which covers this winter and next summer.

New Cap Design

The Club is delighted to release our new cap design which is proudly modelled by Paige and Kate Bukovsan.







The caps are light with breathable sides, showing our IH brand. On one side the words "Ivanhoe Harriers" and on the other side "Est 1914".

The design was a collaboration between David Greig, Josh Philip and Thomas Langdon...I think it is excellent. The caps will sell for \$20 ea. which is heavily discounted, I am sure there will be many members and past members who will want to be wearing our badge again!!

Contact this Editor fellow if you want to purchase a cap, 0419499711 or email jeffjoan@bigpond.net.au and we will work out how to organise payment and pickup. Payment in cash or credit to the Club Bank account with your surname is probably easiest. Club Bank account: BSB: 633 000 Account number: 140670480, description: surname.

Promote your Club and wear the cap!



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Cross Country Program for 2022

The combined program for the season is shown below. The Athletics Vic program is shown in black/blue and the Ivanhoe Grammar (AGSV) school program is shown in red/grey.

As you can see, it is a great program for the winter months with the first serious event being the cross country relays on 7th May.

DATE	SPONSOR	VENUE	EVENT
Sat. 9th April	Ivanhoe Harriers	Eaglemont Tennis Courts	6km All comers Handicap
Fri. 29th April (3:45pm)	AGSV	Marcellin/Trinity Fields Melway 32 D9	AGSV Round 1 6k opening CC
Sat. 7th May	AGSV	Ballam Park, Frankston Melway 103 B3	AGSV Round 2 (9:00am) Peninsula Grammar
Sat. 7th May	Aths Vic (R1)	Jells Park	Cross Country Relays
Sat. 14th May	Aths Vic	Princes Park, Carlton	All Schools Road Relays
Sat. 21st May	Aths Vic	Jells Park,Wheelers Hill Melway 71 K6	All Schools CC Relays (12:30pm start)
Sat. 28th May	AGSV	Braeside Park Melway 88 D8	AGSV Round 3 (9:00am) Mentone Grammar
Sat. 28th May	Aths Vic (R2)	Bendigo	8km Cross Country (Girls 3km CC)
Sat. 4th June	AGSV	Banyule Flats Melway 32 C4	AGSV Round 4 (9:00am) Ivanhoe/Trinity
Sat. 18th June	AGSV	Yarra Valley Grammar Melway 36 D12	AGSV Round 5 (9:00am)
Sat. 18th June	Aths Vic (R3)	Cruden Farm	12km Cross Country
Sat. 25th June	Aths Vic (R4)	St Anne's winery, Myrniong	Ekiden Relays
Sat. 9th July	Aths Vic (R5)	Sandown Race Track	Road Relays
Sat. 16th July	AGSV	PEGS Fields, Keilor Park	AGSV Round 6 (9:00am)
Sat. 23rd July	Aths Vic (R6)	Bundoora Park	All Schools CC Championships 3, 4, 6 & 10km Cross Country XCR 10km CC
Sat. 30th July	AGSV	Yarra Bend, Fairfield Melway 30 H12	AGSV Round 7 (9:00am) Camberwell Grammar
Sun. 7th August	Aths Vic (R7)	Albert Park	10km Road Race
Sat. 20th August	AGSV	Yarra Valley Grammar	Representative sport v APS
Sat. 20th August	Aths Vic (R8)	Lake Wendouree, Ballarat	15km Road Race
Sun. 4th September	Aths Vic (R9)	Kevin Bartlett Res Burnley Yarra Boulevard	Half Marathon
Sat. 17th September	Aths Vic (R10)	The Tan Track	Club Relays 5 x 3.8km

Cursus Editor: Jeff Franklin Production: David Burke



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