

Editorial

Despite the handicap of not having a clubhouse to call home, the Club continues to grow from strength to strength. Premierships and promotions to higher grades in summer and winter have been very satisfying and a reward for effort and talent.

We embarked on this critical “back to Ivanhoe” journey in 2016 with a meeting with the Mayor at that time. Since then, we have been coaching Ivanhoe Grammar School students at Chelsworth Park and waiting for the, much discussed and anticipated, rebuild of facilities at Chelsworth Park. Ivanhoe Grammar School has been working tirelessly, trying to finalise an agreed position with Council regarding this re-development which is well overdue. Current facilities for females are primitive. The delays are very frustrating and disappointing. Unfortunately this matter is entirely out of our hands. We wait and hope for common sense to prevail.

Meanwhile, our numbers continue to grow and our athletic performances speak for themselves. A Premiership last summer is evidence of our growing stature in Victorian Athletics.

Pleasingly, our girls team is dramatically improving on the track with race times coming down and point scoring increasing significantly.

The Club currently sits in 6th position on the ladder in our new, higher Division, within striking distance of the top four. We defeated the top Team, Preston and Melbourne University in the most recent Round 5 of competition, a strong indication of our growing talent.

We are currently at the half-way mark of the season and look forward to some excellent personal performances in the second half of the season.

New Members

Amelia Ray has been a non-competing member since April and has now converted to a “competing member” after attending training on a regular basis. Amelia is a student at IGS and is looking to improve her fitness and running skills. Enjoy the competition Amelia.

Trivia Night

- Friday, 4th November 2022

It was a wonderful night with a huge attendance of about 110. Everyone enjoyed the fun and trivia questions so well presented by John Edney. The Pavilion at Ivanhoe Park was bursting at the seams as the eleven teams tried very hard to win the main prizes.

Thanks to the Cricket Club for allowing us the use of their Pavilion and the Bowling Club for assisting with chairs and tables, a great community effort. The very positive attitude of our neighborhood clubs was wonderful to see and much appreciated.

Winning Team was: Anne Bukovsan, Paige Bukovsan, Kate Bukovsan, Macey Mileto, Theadora Halley, Eliza Nelson, Meredith and Jim Trevellion.



A lovely shot of the many parents, friends and members of Ivanhoe Harriers enjoying the Trivia Night at Ivanhoe Park.

Winners are grinners!!



Jeff Franklin with members of the winning team: Theadora Hally, Macey Mileto, Eliza Nelson, Paige Bukovsan and Kate Bukovsan.

Our Sponsors - Please Support Them!!

We received fantastic support from our sponsors, club family and friends for our Trivia Night. Many generous donations were made and we thank each and every one of those individuals for their great support of our Club.

A big thank-you to all of the following:

The **Greig family** for organising and donating wine prizes and gift card;
The **Linke family** donating bottles of wine for prizes;
Thanks to **Glenn Morrison** for organising The Running Company in Clifton Hill donating a \$100 voucher;
Runners World merchandise thanks to Neil Ryan;
Woolworths \$100.00 gift voucher, arranged by Glenn;
Chemist Warehouse pack arranged by **Anne Bukovsan**;
Core Principles training program arranged by Anne;
Eaglemont Village Traders Association hamper arranged by Anne;
Chocilo Ivanhoe pack, also arranged by Anne;
Bottle of Penfolds 389 donated by Kevin Davis for auction;
Bottle of Chivas Regal donated by Ian Reynolds for auction;
Craig Shearer at the Terminus Hotel donated \$500.00 in vouchers, arranged by **Michael Wallis** who also

donated \$200 from Aspect Broking. Wonderful effort Michael.

A big thank-you to Craig who is a great supporter of the Ivanhoe community.

The Wallis family, Jill and John, for their donation of a Christmas hamper once again;

The **Edney family, Andrew and Kathy** for their donation of vouchers, and **John** for his generous support of vouchers through Edney Celebrations;
Braden Fraser for his generous donation of wine prizes;

Richard Russell for his donation of Hoyts vouchers. Finally, a very nice hamper donated by East Ivanhoe Foodworks, as they have done in previous years.

We have received wonderful support from East Ivanhoe Foodworks over the last few years. This business is a Foodworks supermarket with a fantastic deli. Their in-house Chef prepares a huge range of meals, for take away...New York style!! Please remember to support them as they support us.

As can be seen, our Club family is growing quite rapidly. This has always been a major objective of the Committee. The Club needs a large and diverse family group to support the future growth of the Club and our young athletes.

Overall, the Trivia Night was a very successful night, with plenty of winners, a lot of fun and the Club making a healthy profit of \$3,665.00. This result significantly improves our financial strength for the future.

Results: All Schools Championships - Weekend, 5-6 November 2022

Arran Lessene represented IGS in his favourite event, the Under 17 boys 200m sprint, a very competitive event.

Arran qualified for the final with a time of 23.57 and just faded a little in the final to record a 23.66. Very even performances on little training. Arran is very keen to improve his fitness and lower his PB which currently stands at a solid 23.53.

Training and an old familiar face

On Thursday afternoon 10th November we had a track training session at Collingwood. The weather was lousy but the training was a very good standard. Alex Linke, Harley Mileto, Josh Philip, Jamie Blackburn, Will Franklin, Eliza Nelson and Theadora Hally were all doing hard reps and the old Coach was trying to note down rep times, not paying much attention to the others on the track.

This bloke comes over and introduces himself, “I’m Sam Fragomeni’s brother, aren’t you Jeff Franklin?” Well you could have knocked me over with a feather.then up walks Sam!!

For those newer members, Sam Fragomeni competed for Ivanhoe 30 years ago in the early 90s when the Club had an amazingly strong middle distance group. They were almost an Australian Cross Country Team, including Mal Norwood, Darren Wilson, Glenn Franklin, Richard Russell, Malcolm Bruce, Michael Hillardt, Barry Greig, Adam Franklin, and Craig Rayner, just to name a few.

Sam was a fantastic competitor, never beaten. To this day Sam still holds the Club No. 3 All-time ranking for the 1500m with a time of 3:45.7 and the No. 5 All-time ranking in the 800m with a 1:51.8 which Michael Hillardt equalled in 1992.

Sam moved to Queensland in the late 1990s, but still receives his Cursus. Sam is now back in Melbourne living in Nth Fitzroy, it was so good to see him after all those years, a great member of a great team.



Above: Will Franklin and Eva Gilinas

AVSL Round 4 Results

- Doncaster: Saturday, 12th November 2022

We welcomed Eva Gilinas and Will Franklin for their first event for the Club. Both Eva and Will had previously represented IGS in the AGSV competition. Excellent performances across the board but many athletes were missing.

We saw a very high standard of times from Perrin Theocharides (23.31 in his 200m) and Alex Linke (2:02.76 in his 800m).

Big PBs from Theadora Hally, Kate Bukovsan, Harley Mileto, Will Franklin, and an excellent 800m from Josh Philip in 2:03.80.

Results:

Female Under 18

200m: Theadora Hally 33.64

800m: Theadora Hally 2:52.69 (PB)

4x100m: (Kate Bukovsan, Marli Brenner, Eva Gilinas and Theadora Hally) 61.25

Female Under 16

200m: Eva Gilinas 32.76

Female Under 14

200m: Kate Bukovsan 30.65 (PB)

Marli Brenner 30.67 (PB)

800m: Kate Bukovsan 2:46.46

Male Open

200m: Charles Shea 25.76

800m: Josh Philip 2:03.80

Shot Put: Charles Shea 7.14m

Male Under 20

200m: Perrin Theocharides 23.31

Male Under 18

800m: Alex Linke 2:02.76; Harley Mileto 2:19.71 (PB)

Male Under 16

200m: Will Franklin 30.35

800m: Will Franklin 2:28.70 (PB)

Male 40+

200m: David Burke 28.96

800m: Barry Greig 2:29.42; David Burke 2:48.43

400m Hurdles: David Burke 84.61

Shot Put: David Burke 6.56m; Barry Greig 7.19m

Triple Jump: David Burke 9.22m



Theadora; Jack; Charles; Paige

AVSL Round 5 Results

- Meadowglen: Saturday, 19th November 2022

This was an unbelievable day of high winds with storm clouds threatening.

Our young team was incredibly tenacious, rising to the challenge of competing in really tough conditions.

Even the high jump mats were in danger of blowing away!!

In those difficult conditions, the team scored 8,896 points to place second in the Division, beating ladder leaders Preston in the process.

Magnificent individual performances from Perrin Theocharides, Jack Harper, Eliza Nelson and Theadora Hally. The entire middle distance squad is to be congratulated as the head winds in the back straight made the 1500m and 400m very tough indeed.



Results:

Female Under 18

400m: Theadora Hally 81.5h

1500m: Theadora Hally 5:57.0h

Female Under 16

100m: Eva Gilinas 14.83 (6.6); Eliza Nelson 15.59 (3.7);
Paige Bukovsan 16.18 (2.9)

400m: Paige Bukovsan 71.3h; Eliza Nelson 76.6h;
Eva Gilinas 79.1h

1500m: Paige Bukovsan 5:33.4h; Eliza Nelson 5:48.1h

Female Under 14

100m: Marli Brenner 14.69 (3.6);
Kate Bukovsan 15.64 (4.3)

400m: Marli Brenner 77.7h; Kate Bukovsan 78.5h
1500m: Kate Bukovsan 6:18.0h

Male Open

100m: Charles Shea 12.31 (5.2)

1500m: Charles Shea 5:13.1h

Male Under 20

100m: Perrin Theocharides 11.25 (3.2);

400m: Jack Harper 55.47; Benjamin Morrison 60.38

1500m: Benjamin Morrison 4:25.5h

Male Under 18

400m: Alex Linke 57.49; Harley Mileto 66.82

1500m: Alex Linke 4:15.1h; Harley Mileto 4:43.1h

Male Under 16

400m: Will Franklin 67.70

1500m: Will Franklin 5:05.8h

Male 40+

100m: David Burke 13.88 (3.3)

400m: David Burke 67.22

1500m: Barry Greig 5:12.5h

110m Hurdles: David Burke 22.63 (5.1)

High Jump: David Burke 1.50m

Javelin: David Burke 18.78m; Barry Greig 22.49m

Long Jump: David Burke 4.50m

Current League Ladder (Division 4)

1	Yarra Ranges	47,303	36
2	Preston	48,099	35
3	Ballarat YCW	44,663	32
4	St Kevins	34,307	25
5	Williamstown	31,085	23
6	Ivanhoe	28,195	20
7	Old Scotch	24,196	16
8	Brunswick	17,169	15
9	Melbourne Uni	20,155	14
10	Dandenong-Springvale	11,571	7

Victorian Relay Championships

This year we only entered one team in the Championships, the Under 16 Girls 4x400m.

This was largely due to injuries and unavailability elsewhere which was disappointing.

The girls' team of Paige Bukovsan, Eliza Nelson, Marli Brenner and Kate Bukovsan was always going to struggle due to their age. Both Marli and Kate being 13 in an under 16 comp. ...a tough ask!

However, the girls made the final and set a new Club record in their heat with a fine 4:38.10.

They placed 8th in the final with a time of 4:39.32 in windy conditions. This was a gutsy performance from our girls, competing against older girls on the day. Congratulations girls, a very fine performance now goes into the Record Books!!



Marli, Paige, Eliza, and Kate

Cursus Editor: Jeff Franklin

Production: David Burke

