

## Editorial

It has been a slow start to 2026 with just two AVSL competitions in January and the replacement Round on February 8<sup>th</sup>. Attendances have been down across the board, our team for Round 8 was just 11 athletes and the replacement round on 8<sup>th</sup> February we were just 8! Despite the small numbers we still managed 5th place in Division 4 on the back of some great performances.

With just 2 rounds to go we need everyone to turn up and support the Club. We are currently sitting in 6th place and will play our "Powerplay" card on February 21<sup>st</sup> at Doncaster. Every event counts. Old Scotch and Old Xavs are within reach.

## Current AVSL Ladder

### Division 4

Place	Team	Points Scored	Ladder Points
1	Melbourne Uni	98,050	(PP) 87 AP
2	Wyndham	101,816	80 AP
3	Old Scotch	68,852	(PP) 62
4	Old Xaverians	78,816	60
5	Bellarine	70,386	59
6	Ivanhoe	64,317	53
7	Echuca Moama	59,988	49
8	Frankston	54,188	39
9	Brunswick	35,046	23
10	Coburg	37,668	21 AR
11	Whittlesea	33,619	17 AR

AP: Automatic Promotion

AR: Automatic Relegation

PP: Power Play used (double points for 1 round)

## A bit of promotion...

Thanks to our partnership with Miles Real Estate, the attached poster has been displayed on the corner of The Boulevard and Lower Heidelberg Rd, East Ivanhoe, for the past month.

A great photo and a nice bit of publicity. Hopefully this additional visibility will add to our numbers over time.



## Chelsworth Park – Line marking

Great progress at Chelsworth Park thanks to Ivanhoe Grammar School. A four lane track marked out perfectly, looks terrific. Many thanks to the School and all involved. We are hoping the marked out athletic track will stimulate increased interest in athletics in our area and also at IGS.



## Falls Creek 2026

A few of the boys spent some time at Falls Creek during January. I am sure they had a great time and maybe even did some running!! I asked them for some text to add to Cursus but "silence" has been the reply. This Editor remembers the old saying "What happens on the camp, stays on the camp". I guess that's still true.



David, Jamie, Justin and Harley



This photo looks like bowls of pasta was food for the day with Justin, David, Nick, Jamie and Harley posing for the camera.

## Competition Results

### AVSL Round 7 – Meadowglen

Saturday, 17<sup>th</sup> January 2026

This was a warm day with some great performances, particularly from the girls.

In addition, David Burke was simply amazing, competing in 7 events plus a relay...unbelievable.

#### Female Open

1500m: Rachel Paterson 5:18.96

#### Female Under 18

100m: Kate Bukovsan 14.70

400m: Kate Bukovsan 66.82

4x100m: (Mabel Taylor, Carla Parris, Elizabeth Stevenson, Kate Bukovsan) 58.34

Long Jump: Kate Bukovsan 3.28m

#### Female Under 16

100m: Mabel Taylor 14.05; Elizabeth Stevenson 15.36 (-3.5)

Long Jump: Elizabeth Stevenson 4.16m

#### Female Under 14

100m: Carla Parris 14.85 (-3.8); Sadie Crane 16.52 (-3.5)

400m: Carla Parris 66.50

1500m: Sadie Crane 6:04.55

Long Jump: Carla Parris 3.59m

#### Male Open

4x100m: (Sadie Crane, Rachel Paterson, David Burke, Barry Greig) 65.71

Javelin: Glen Nicholson 32.77m (800g)

Long Jump: Glen Nicholson 6.24m (1.8)

#### Male 50+

100m: David Burke 14.69 (-2.2)

400m: David Burke 69.05

100m Hurdles: David Burke 20.07 (0.8)

Discus: David Burke 19.95m (1.5kg)

High Jump: David Burke 1.49m

Javelin: David Burke 26.34m (700g)

Long Jump: David Burke 4.63m

Shot Put: Brenton Hall 6.23m (6kg)

#### Male 60+

400m: Barry Greig 67.69

1500m: Barry Greig 5:09.34

Discus: Barry Greig 25.03m (1kg)

#### Officials

Photo Finish: Brenton Hall

### AVSL Round 8 – Aberfeldie

Saturday, 31<sup>st</sup> January 2026

With just 11 athletes we were always going to struggle but still ended up holding down 6th place on the day.

Once again, some excellent performances from our girls and a notable 800m from Alex 1:57:87. Mabel is showing a great deal of promise with her sprinting.

#### **Female Open**

3000m: Rachel Paterson 11:02.13

#### **Female Under 18**

200m: Kate Bukovsan 29.53 (+0.0)

800m: Kate Bukovsan 2:44.57

Shot Put: Kate Bukovsan 5.38m (3kg)

#### **Female Under 16**

200m: Mabel Taylor 29.29 (-0.9)

Triple Jump: Elizabeth Stevenson 9.17m

#### **Female Under 14**

200m: Carla Parris 30.10 (-0.9); Sadie Crane 32.53 (+0.0)

800m: Carla Parris 2:33.34; Sadie Crane 2:51.93

Triple Jump: Carla Parris 8.49m

#### **Male Open**

200m: Alexander Linke 25.22 (0.2)

800m: Alexander Linke 1:57.87

4x400m: (David Burke, Sadie Crane, Kate Bukovsan, Carla Parris) 4:53.63

Javelin: Glen Nicholson 32.25m

Long Jump: Glen Nicholson 5.90m (0.6)

#### **Male 50+**

200m: David Burke 30.71 (+0.0); Claude Aquino 35.30 (-1.2)

3000m: Simon Rigoni 12:48.27

400m Hurdles: David Burke 75.25

Shot Put: David Burke 7.35m (6kg); Simon Rigoni 6.29m (6kg)

Triple Jump: David Burke 9.07m

Mabel continued her good form in her 100m with a very good 13:88.

Rachel is closing on the Club Record for 1500m running a nice PB time of 5:08: 63, scoring 358 points. Overall some really excellent performances.

The bad news is Barry has injured his achilles so will miss the remaining 2 rounds of comp.

#### **Female Open**

1500m: Rachel Paterson 5:08.63 [358]

#### **Female Under 18**

100m: Kate Bukovsan 14.34 (2.0) [332]

400m: Kate Bukovsan 66.21 [367]

Long Jump: Kate Bukovsan 3.04m [253]

#### **Female Under 16**

100m: Mabel Taylor 13.88 (-1.7) [373]

#### **Female Under 14**

100m: Carla Parris 14.63 (-0.4) [353]

400m: Carla Parris 63.42 [450]

Long Jump: Carla Parris 3.79m [357]

#### **Male Open**

1500m: Alexander Linke 4:14.89 [348]

#### **Male Under 20**

Discus: Arthur Taylor 30.09m (1.75kg) [290]

Javelin: Arthur Taylor 32.01m (800g) [260]

#### **Male 50+**

100m: David Burke 14.01 (0.7) [281]

400m: David Burke 66.24

100m Hurdles: David Burke 19.59 (-0.2)

Discus: David Burke 21.28m (1.5kg)

High Jump: David Burke 1.47m [349]

Javelin: David Burke 23.18m (700g)

Long Jump: David Burke 4.69m [352]

Shot Put: Brenton Hall 6.23m (6kg) [226]

#### **Officials**

Brenton Hall [500]

## **Rescheduled AVSL Round 3 – Aberfeldie**

**Sunday, 8<sup>th</sup> February 2026**

*(Originally cancelled on 8<sup>th</sup> Nov. due to wet weather.)*

A warm and stormy Sunday with poor attendance, partially due to the timing on a Sunday. With only 8 athletes, scoring was anticipated to be a struggle. However, some excellent individual performances and the poor attendance from all clubs saw us manage a fifth placing, easily defeating Frankston, Old Scotch and Echuca Moama. (See results of the Round below.) Great to see Arthur Taylor with a good exhibition of throwing...he is a strong man. Carla ran a fantastic PB in her 400m in 63:42 to score an outstanding 450 points, well done Carla.

#### **Round 3 Results**

Club	Points Scored	Ladder Points
Wyndham	13,773	11
Old Xaverians	8,038	10
Melbourne Uni	7,726	9
Bellarine	5,814	8
Ivanhoe	5,721	7
Echuca Moama	5,126	6
Frankston	4,652	5
Old Scotch	4,648	4
Brunswick	3,599	3
Coburg	3,468	2
Whittlesea	1,566	1



## Remaining AVSL Rounds

Round	Date	Venue
9	Saturday, 21 Feb 2026	Doncaster
10	Saturday, 28 Feb 2026	Aberfeldie

Cursus Editor: Jeff Franklin  
Production: David Burke

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